

# THE APERTURE

*Biannual newsletter of KIMS COLLEGE OF NURSING*



KIMS College of Nursing, Thiruvananthapuram is a pioneer institute in nursing, had its origin in 2006 with an aim of creating competent nurses. The college is recognized by INC, KNMC & is affiliated to the Kerala University of Health Sciences.

## APERTURE FOR 2020

*Written By The Editorial Board*

The Aperture biannual newsletter is a great way to keep the students, faculty and parents abreast of what's happening in KIMS College of Nursing. It's an effective way of disseminating information and touching base with all the events mentioned in the midst of COVID-19. The value of the newsletter, however, lies in its creation. First, it needs to have strong visual impact so that its receivers want to read it. This Issue will give the mesmerizing experience to all readers.





**Dr. M I Sahadulla**  
**Group Chairman and Managing Director**  
**KIMSHEALTH**

## MESSAGE FROM THE PATRON

From her desk.....

In the midst of Covid 19 we are pleased to publish our second issue of KIMSCON biannual newsletter- a reflection on the welfare activities and accomplishments. We have much look forward to!

Thank you for taking the time to read and give us your thoughts!

Warm regards,

Dr. Susan Jose

Principal/ KIMSCON



## A MESSAGE FROM VICE PRINCIPAL

A clear vision, backed by definite plans, gives one a tremendous feeling of confidence and personal power. We are facing a great challenge in the midst of Covid-19 pandemic and tried best to overcome it.

I appreciate my personal greetings to the second issue of KIMSCON newsletter "The Aperture"

Prof. Jessy Thomas

Vice Principal

KIMSCON



## Our Mentors



**Prof. Dr. G Vijayaraghavan**  
**Vice Chairman**  
**Director Medical Services**  
**KIMSHEALTH**



**Dr. Zuhara P M**  
**Chief Coordinator**  
**Emergency Family Medicine & Pharmacy**  
**KIMSHEALTH**



**Mr. E M Najeeb**  
**Executive Director**  
**KIMSHEALTH**



**Dr. Sheriff Sahadulla**  
**Group CEO**  
**KIMSHEALTH**



**Dr. Saffia P M**  
**Vice Dean - Academics**  
**KIMSHEALTH**

DISTRIBUTION OF GROCERY KITS



**KIMS College of nursing Alumni Association collected Covid 19 relief fund to provide necessary amenities for the poor families residing at Thonnakkal village.**

**FINANCIAL AID FOR POOR STUDENTS**



**Prof. Jessy Thomas, HOD-Paediatric Nursing KIMS college of nursing had supported financially backward students . She has handed over 50,000 rupees to Principal Dr. Susan Jose, KIMS CON**

**FINANCIAL SUPPORT BY KIMS COLLEGE ALUMNI ASSOCIATION**



**KIMS CON Alumni association had contributed Rs.10000 for Covid 19 relief fund**

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### SHORT FILM ON QUARANTINE DIARIES

A short film on an outlook of quarantine days during Covid-19 lockdown by First Year BSc(N) Students.



SNA State level  
Second Prize  
Ms. Priyanka Thampan



**EXTRAVAGENZA**  
KIMS CON has an energetic SNA & NSS unit to outburst the students talents. Our students had participated in various zonal & state level competitions and bagged prizes.

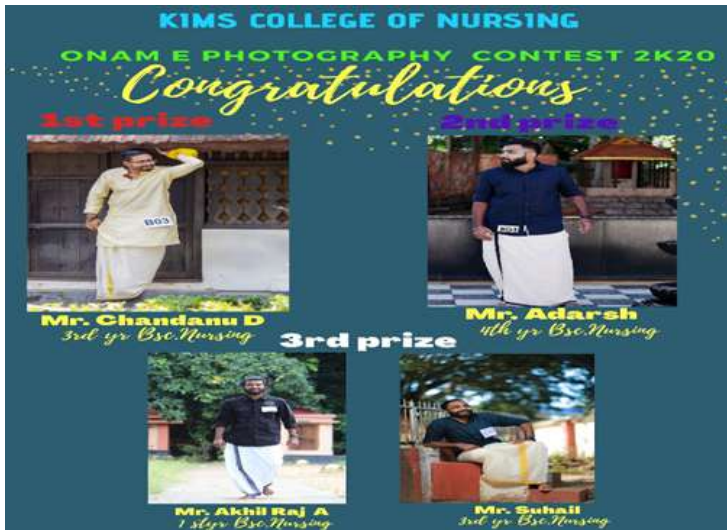


SNA Zonal E- poster Competition Second Prize

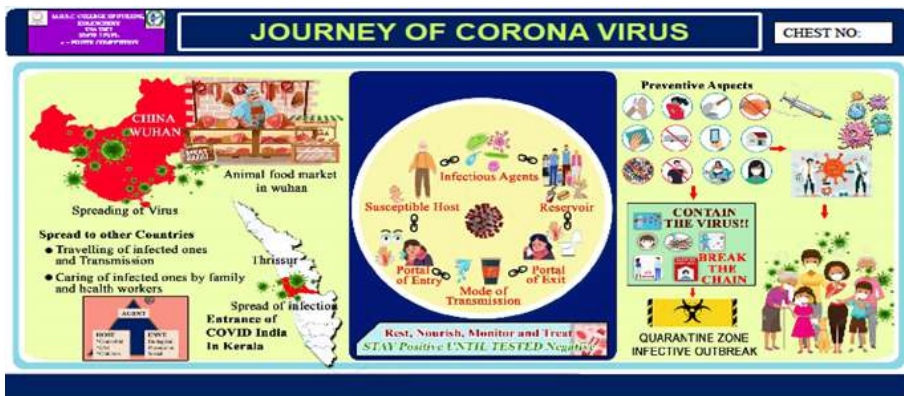
# Talent Hunt



AVANTHIKA & SRAVAN" 2K20 onam E photo contest of the year 2020 was conducted on 30th September 2020 through virtual platform. In this pandemic era, exact opulence of the onam festival was constrained in virtual room.



## SNA STATE E-POSTER COMPETITION 2020



SNA State level e-poster competition was held on 27/08/2020 by MOSC College Of nursing, Kolenchery.

CONGRATULATIONS TO THE WINNERS



**Ms. Sainaba Riaz & Ms. Reshma R R**  
4th Year BSc(N)

**Ms. Aswathy Suresh & Ms. Snehamol K S**  
3rd Year BSc(N)

# Our Proud Moments

## HEALTH PROMOTION AWARENESS TO KIMS SUPPORTING STAFF



KIMS CON, faculties conducted an awareness session during this COVID-19 to KIMS supporting staff at Louis Pasteur Hall. 2 Sessions were conducted per day and covered around 25 staffs who is working in KIMS.



Health promotion awareness to KIMS wellness centre, Kuravankonam , Trivandrum



Health promotion awareness to KIMS wellness centre, Manacaud, Trivandrum



**KIMS CON & Hospital Handed over 10,000 Cloth masks to State Government**

# FACULTY PUBLICATIONS

TITLE OF THE PROJECT	INVESTIGATORS	DEPARTMENT
COVID 19 related anxiety among antenatal mothers	Mrs. Sherine Sara Koshy , Associate Professor Mrs. Linu John , Assistant Professor Mrs. Shani S Rajappan , Assistant Professor Mrs. Lekshmi Lal S, Lecturer	Obstetrics and Gynaecology
Practice of preventive measures in COVID 19 among patients with cardiac disorders	Dr. Susan Jose, Principal and HOD Mrs. Stalin Lyse, Associate Professor Mrs. Sari S Karun, Associate Professor Mrs. Mahima P S, Associate Professor Mrs. Ragee Rajeevan, Assistant Professor Mrs. Ambily S, Assistant Professor Mrs. Soumya M S, Lecturer Mrs. Anjali K S, Lecturer	Medical &Surgical Nursing
An exploratory study to assess Covid-19 outbreak related apprehension among general public of Kerala.	Ann Mary Oommen, Associate professor, Joshy A N Assistant professor Akhila L Prakash , Assistant professor Ambily S,Assistant professor, Kavya K C,Lecturer	Psychiatric Nursing
Impact of COVID 19 lockdown on children	Mrs. Jessy Thomas, Professor Mrs. Shibi V Mathew, Assistant professor Mrs. Rashmi, Assistant Professor Mrs.Nimmy P S, Assistant Professor	Child Health Nursing Department

# Heartfelt Condolences Dear Parent !!!!!



Mr. George Kutty Antony  
DOD: 19.07.2020  
F/O Georgena George  
Second Year BSc(N)  
2018- 2022



Mr. Subash R  
DOD: 21.11.2020  
F/O Santhwana Subash  
Fourth Year BSc(N)  
2018- 2022



## KIMS COLLEGE OF NURSING

(Affiliated to Kerala University of Health Sciences)

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Ph: No: 0471-2429308

Email: [nursingcollege@kimskerala.com](mailto:nursingcollege@kimskerala.com)

**Courses Offered: BSc(N) MSc(N)**

### Upcoming Events

- Virtual Induction Programme for First Year BSc(N)
- Vaccination Drive
- Release of COVID Album
- State Level E-quiz on Nurses Day
- Virtual Photography Contest on World Environmental Day
- Virtual International Yoga Day Celebrations
- Self Defence Session
- Covid Welfare activities

