

THE APERTURE

The Official Biannual Newsletter of KIMS
College of Nursing

Is the COVID-19 pandemic has disrupted our education system?

BY EDITORIAL BOARD

Since its outbreak two years ago, the COVID-19 pandemic has disrupted education systems globally, affecting the most vulnerable learners the hardest. It has increased inequalities and exacerbated a pre-existing education crisis. School closures have ranged from no closures in a handful of countries to up to more than a full school year. Lack of connectivity and devices excluded at least one third of students from pursuing learning remotely.

Today ,despite the omicron variant, schools are open in the majority of countries supported by health and safety protocols and vaccination programmes. But the costs stand to be tremendous in terms of learning losses, health and well-being and drop-out. Prioritizing education as a public good is crucial to avoid a generational catastrophe and drive a sustainable recovery. To be more resilient, equitable and inclusive, education systems must transform, leveraging technology to benefit all learners and building on the innovations and partnerships catalyzed throughout this crisis.

KIMS College of Nursing is supporting our young nurses in their efforts to mitigate the impact of school closures, address learning losses, support teachers and adapt education systems.



WHAT'S INSIDE THIS ISSUE:

WORLD BREASTFEEDING WEEK
INTERNATIONAL DIABETES DAY
VIRTUAL PHOTOGRAPHY CONTEST
POSTER COMPETITIONS
WEBINAR
ESSAY WRITING COMPETITIONS
INDEPENDENCE DAY CELEBRATIONS
LAMP LIGHTING CEREMONY
VIGILANCE AWARENESS WEEK
VACCINATION DRIVE - COMMUNITY
RESEARCH INNOVATIONS
INAUGURATION OF BAMBOO GARDEN

OBJECTIVES OF THE NEWSLETTER

- To encourage creative writing of faculty & other staff members
- To develop journaling technique among faculty
- To communicate the activities done by the college



KIMS College of Nursing, Thiruvananthapuram is a pioneer institute in nursing, had its origin in 2006 with an aim of creating competent nurses. The college is recognized by INC, KNMC & is affiliated to the Kerala University of Health Sciences.

OUR LEADERS





Message from our motivator

Dear all,

“If a plant is carefully nurtured by a gardener, it will become good, and produce better fruits.” Therefore, children must be given a good training from their earliest. We are here for the same. I am sure that our students of today, tomorrow will carry forward the Motto of love and unity entrusted in their hands at KIMS College of Nursing.

“Do the work with intention not because of compulsion.”

With all my love, best wishes and blessings

Dr.Susan Jose
Principal



Heartfelt Condolences Dear Parent !!!!!



Mr. K Sajan
DOD: 31.08.2021
F/O Sangeetha S
First Year BSc(N)
2020- 2024



Mr. Dhanpal
DOD: 17.09.2021
F/O Chandanu D
First Year BSc(N)
2020- 2024



Mr. Sunil Kumar S
DOD: 21.10.2021
F/O Abhirami S
First Year BSc(N)
2019- 2023



Mr. Harikumar B
DOD: 20.12.2021
F/O Harsha Harikumar
First Year BSc(N)
2020- 2024



Our Success Story



**First Prize Winners
Intercollege Quiz
on
World Diabetes Day
2021
Ms. Joanna Sunny
&
Ms. Kesia Paul
4th Year BSc(N)**



**Receiving 3rd Nursing
Excellence
INDIWOOD Award-
Since 2017**

**Receiving Nursing Excellence
INDIWOOD Award- 2021**

Faculty as a Resource Person



**Prof. Jessy Thomas
Vice Principal,
HOD Pediatric Nursing,
as a resource person on
"Protect Breast Feeding a shared
Responsibility" conducted by Koshys
Multispeciality Hospital**



Academic Toppers

**Distinction – IV year B.Sc (N)
2016-2020 Batch**

Ms. Anija Mamachan



**Distinction
I year B.Sc (N)
(2019-2023)**

**Distinction – III year B.Sc (N)
2017-2021 Batch**



Ms. Kesia Paul



Ms. Joanna Sunny



Ms. Aiswarya Nair



Ms. Riya Rajan



Ms. Merin R

**Distinction – II year B.Sc (N)
2018-2022 Batch**



Ms. Asina R



Ms. Stephy Maria



Ms. Sreelekshmi S



Ms. Arya R S



Ms. Rini Thomas



Ms. Aneena samson



Ms. Kavya Viju



Ms. Neema M Roy



Ms. Arunima B



Ms. Semi James



Ms. Sneha Alex



Ms. Mahima K Suju



Ms. Athira L R



Ms. Jeeva Robert

An Impressive Journey of Activities-KIMSCON

Breast feeding week



KIMS HEALTH and KIMS college of Nursing celebrated the World Breast Feeding week on 10/08/2021 at KIMSHEALTH Gynaecology OPD

3rd batch BSc nursing and Second year PBBSc Nursing students participated in giving health education regarding importance and positions of breast feeding.

Lamp Lighting Ceremony :



Independence Day Celebration



KIMS College of nursing SNA unit has organized various activities on Independence Day 2021. First Year BSc(N)- 15th Batch students done patriotic dance and patriotic song followed by COVID Protocols.



Vigilance Awareness Week



As part of vigilance awareness week announced by Government of India, an essay writing competition was held at KIMS College of Nursing on 31st October 2021 in connection with Union Bank Of India, Trivandrum.

World Diabetes Day – 2021



As part of WORLD DIABETES DAY – 2021 , SNA unit of KIMS College of Nursing and 4th year BSc(Nursing) students organized a community outreach programme and performed an awareness programme at puthenthope and e-poster competition and Diabetes Health camp at KIMS on 13th November 2021 on an "Access to Diabetes care"

World Antibiotics awareness week



World AIDS Day



ANTI RAGGING POSTER COMPETITION



KIMS College of nursing Anti Ragging Cell organized a virtual anti ragging awareness session by the legal Advisor, Adv. Pradeep. An anti-ragging poster competition was held on the same day .

**Ms.Archa Ashok, First Year BSc(N)
bagged First Prize**



A view on College Days

VIRTUAL ONAM PHOTOGRAPHY CONTEST

AVANTHIKA FIRST PRIZE WINNER



Congratulations Ms. Aswathy Suresh & Ms.Amirtha S, 4th Year BScN) & Ms. Archana, 3rd Year BSc(N)

SRAVAN CONTEST- First Prize

SELFIE WITH FRIENDS- First Prize



**Mr. Allen Vinod
1st Year BSc(N)**



**Congratulations Ms. Aswathy Suresh,
Ms. Jayalekshmi& Mr. Amal santhosh
4th Year BSc(N)**

VIRTUAL ONAM PHOTOGRAPHY CONTEST

SELFIE WITH FRIENDS (FACULTIES)



First Prize



Second Prize



Third Prize

KIMS CON faculties participated in covid vaccination drive @ KIMSHEALTH,VSSC, Technopark , Perumathura





Bamboo Park

Currently, social media and mobile phone devices are popular among teenagers and adults. KIMS College of Nursing have a highly greenery campus and inaugurated Bamboo park @ college campus with access to natural settings and have been found to be healthier for our students. Environment and human contact with nature is an effective and simple strategy for improving vitality and relieving stress.

Continuing Nursing Education Programme (CNE)

Regular CNE Programmes are conducted in College of nursing to update the knowledge of faculty



MANDATED RESEARCH WORK

Research Activities

Studies conducted by our UG and PG students

- Assess the stress of mothers on hospitalization of the child in the pediatric wards of selected tertiary care hospital.
- Descriptive study to assess the knowledge regarding menstrual cup among young adult girls in a selected college of nursing .
- Assess the impact of covid 19 pandemic on psychological well-being of undergraduate nursing students in a selected college of nursing.
- Assess the knowledge regarding the adverse effects of body art in late adolescents .
- Assess the knowledge on Computer vision syndrome among nursing students in a selected college of nursing.
- Assess the knowledge on ill- effects of self medication practices among parents of under five children.
- Assess the level of nomophobia among undergraduate nursing students in a selected nursing college.
- Assess the attitude regarding COVID vaccination among vaccinated young adult .

Research Department Cell



Dr. Biba V S
Convenor
Dept. Research &
Innovation
KIMSCON

The research and Innovation department was established at the KIMS College of nursing to promote world-class research, particularly in interdisciplinary, multidisciplinary, and trans-disciplinary areas. It plays an important role in broadening the knowledge base leading to discoveries and policies. Research Department must actively engage with society productively and beneficially. Department of Research, and innovative scientific programs encompass the following topics: wellness, self-management of chronic conditions, symptom science, end-of-life and palliative care, innovative technologies, and training nurse scientists. The department will provide optimal infrastructure facilities for internal and external research for various courses from basic to higher research.

Faculty Research Innovations & Publications

Dr. Susan Jose
Ph. D, M.Sc. Nursing,
Principal & HOD,
Dept of Medical –Surgical Nursing,
KIMS College of Nursing

Mrs. Vineeta Jose,
Assistant Professor,
Dept of Community Health Nursing,
KIMS College of Nursing

Mrs.Soni.P.S,
Professor, HOD,
Dept: of Community Health Nursing,
KIMS College of Nursing

Mrs. Thanseela.T
Lecturer,
Dept of Community Health Nursing,
KIMS College of Nursing,

Abstract:

The present study was conducted to assess the adverse events of Covishield vaccine among vaccinated employees in a tertiary care Setting, Thiruvananthapuram. The objectives of the study were to assess the adverse events (immediate & delayed adverse events) of Covishield vaccine among vaccinated employees and to find out the association between the immediate and delayed adverse events of Covishield vaccine and selected socio personal variables (age, Gender, Occupation, presence of comorbidities, presence of contraindications to Vaccine, History of Covid infection). An online descriptive survey design was used for the study. 709 vaccinated employees responded to the survey who satisfied the inclusion criteria during the data collection period in month of April -July-2021 and used a Convenient sampling Technique. A Survey Tool to assess the adverse events of Covishield vaccine among vaccinated employees was used for Data Collection. Immediate and delayed adverse events was surveyed from each participant. Link for Survey has been shared directly through What's App/ e-mail OR indirectly through HODs of the concerned Departments. The participant who has given Consent, were further proceeded with the access to data collection tool. This descriptive survey findings revealed majority of Vaccinated employees with Covishield Vaccination, 84% were not having any immediate adverse events within 30 minutes and about 33.9% not having any delayed Adverse Events from 30 minutes with in 1 week after Vaccination. Of those who had immediate adverse events, predominant one identified was Pain at Vaccination Site and Headache (4.9%). Of those who had Delayed adverse events, predominant one identified was Fever (38.8%). All the symptoms were mild and lasted less than 1 week. None reported with any severe AEFI. There was statistically significant association between Immediate and Delayed adverse events of Covishield Vaccine with selected socio personal variables

IQAC -KIMSCON



IQAC (Internal Quality Assurance cell) is constituted to develop a system for conscious, consistent and catalytic action in order to improve the academic and administrative performance of the institution. It helps to promote measures for institutional functioning towards quality enhancement through internalization of quality culture and institutionalization of best practices.

**Academic Quality Manager of
KIMS College Of Nursing**



Dr. Susan Jose
Principal
KIMSCON

**Associate Academic Quality Manager of
KIMS College Of Nursing**



Prof. Jessy Thomas
Vice Principal
KIMSCON



Prof. Soni P S
HOD- Community
Health Nursing
KIMSCON

Webinar

- KIMS CON organised a state level Webinar On Edu- Tech Strategies in Teaching Learning Process- An Overview on 14th August 2021.

Upcoming Events

- ***New year Celebrations***
- ***National level Webinar***
- ***E quiz***
- ***World Health Day Celebrations***
- ***Nurses Day Week***
- ***Sensitisation Programme***
- ***QIC Innovatives***
- ***Paper Presentation***
- ***E-Poster Presentation***
- ***Community Out Reach Programmes***

KIMS COLLEGE OF NURSING

(Affiliated to Kerala University of Health Sciences)

Chempakamangalam Korani P O, Thonnakkal, Trivandrum, Kerala-

Ph: No: 0471-2429308

Email: nursingcollege@kimskerala.com

OUR TEAM



KIMS COLLEGE OF NURSING

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Courses Offered: BSc(N) & MSc(N)