



# THE APERTURE

Biannual Newsletter - KIMS COLLEGE OF NURSING

## Curricular and Cocurricular News

### LET'S BEGIN OUR NEW JOURNEY - 2022

Hello all ,

Who is a Nurse? When did nursing begin? What does she actually do? There are so many unanswered questions that arise in one's mind when we think about nursing. Nursing though a very old profession, which began right when mankind came into existence; is still a mystery for many. There are so many myths revolving around it that require to be unfolded.

The COVID pandemic globally recognized the demand and the need for nurses. It made the people realize that the angel with a lamp is not only an assistant to doctors, she is merely not only responsible for just cleaning a patient, but she is much more. To unravel this mystery of the unsung heroes, who work tirelessly all-round, trying their utmost to make patients comfortable and happy . You will be able to explore the talents and aesthetic innovations of KIMS College of Nursing So get on board and enjoy your journey through reading this issue.

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Ms. Brighty Biju , First Semester BSc(N) Student as Florence Nightingale





# OUR LEADERS



## OUR INSPIRER

Dear students & faculty ,

Happy New Year to you all and a very warm welcome to 2022, which I believe will be a year of increased blessings for all of us. As we enter a new year, and a new term, we want to thank God for fresh beginnings and positive change. I love the promise of the New Year and all the possibilities that it offers for our students here at KIMS College of nursing and the potential for great achievement that each New Year holds for their future. I welcome you and all of our students back to college for the new term, I wish to let you know that we at are still fully committed to working with you, for creating a better future for our students. The happiness was contagious, and I was fortunate to witness that our students are spontaneously adapting to this digital transformation and excelling on this new platforms So once again, it is with the renewed hope and optimism of the New Year and the new season that I welcome you back to college and wish you all a very happy, healthy, successful and prosperous 2022, on behalf of the Management . Thank you for your continued support and may God bless all of us.

My hearty congratulations to the editorial board and faculties for their enthusiastic tireless efforts in bringing out the fifth issue of newsletter- "The montage of our souls- The Aperture"

With Best Wishes



Dr.SusanJose  
Principal Asst.Vice Dean  
KIMSCON



# Nursing Chronicles-

Article By Editorial Board

## 1830



**1838** - The first trained nurses Five Irish Sisters of Charity.



**1857** - Nightingale School of Nursing was the first nursing school in the world.



**1867** - St. Stephen's Hospital at Delhi was the first to begin training Indian women as nurses



**1885** - A Textbook of Nursing by Clara S Weeks Shaw, the first textbook by a Nurse was established .

**1891** - Bai Kashibai Ganpat was First Indian Nurse.

## 1900



**1946** - 4 year Basic BSc program established in RAK College of Nursing in Delhi

**1951** - ANM course established in St. Mary's Hospital Punjab.

**1953** - Ms. Edith Buchanan, was the first nurse from India who was sent to Columbia University to earn her Doctorate in Education under WHO Fellowship Programme.

**1985** - Ph. D. in nursing was started for the first time in India in PGIMER, Chandigarh.

**1853-1856** -The Crimean war started. Nightingale is admitted as the superintendent of nursing staff during the war.



## 1860

**1861** - Nurses started wearing Uniform.



**1871** - First School of Nursing was started in Government General Hospital, Madras .



**1890** - Bombay Presidency Nursing Association was the First Nursing Association in India.

**1908** - Trained Nurses Association was formed to uphold the dignity & honor of Nursing profession.



**1947** - Indian Nursing Council, a national regulatory body for nurses and nurse education in India was established.

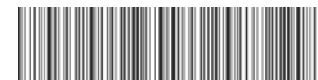


## 1960

**1960** - MSc Nursing Started in RAK College, Delhi.



**1953** - Ms. Edith Buchanan, was the first nurse from India who was sent to Columbia University to earn her Doctorate in Education under WHO Fellowship Programme.



## Urgent Speculation in Nursing

### Did you know?

- WHO report presents, a global shortage of nurses.
- There will be worldwide shortage of 4.6 million nurses by 2030 unless greater investment in nursing is made now.
- As per the recent report by Ministry of India, the nurse citizen ratio is 1.96:1000.
- The global nursing workforce is 27.9 million, of which only 19.3 million are professional nurses.
- Inadequate global nursing workforce. One nurse out of every eight practices in a country other than the one where they were born or trained.
- Approximately 90% of the nursing workforce is female.

Investment in nursing will contribute not only to health-related goal targets, but also to education and economic growth. It is a Prerequisite to achieve primary health care and universal health coverage. Significant gaps are found in data on education capacity, financing, salary and health market flows. Therefore, it is necessary to pay attention on nurses.

### Future directions for all Stakeholders

- Increase funding to educate and employ nurses to overcome with shortage.
- Boost the capacity of health workforce.
- Nurse mobility and migration must be effectively monitored and managed.
- Nursing should emerge as a career choice grounded in science, technology.
- Nursing leadership is critical to strengthen the nursing workforce.
- Planners and regulators should optimize the contributions of nursing practice.
- Plan for gender-sensitive nursing workforce policies.
- Professional regulation must be modernized.



## Myths & Facts



### Myth



**Nursing is a low skilled profession**

### Fact



**It is the high skilled profession and is considered as one of the toughest course in the world. Nursing is the largest health care profession.**



### Myth



**Nursing is easy and anyone can become a nurse**

### Fact



**It is not an easy job. It requires extensive knowledge, skill, commitment and distinct ability to care for the patient.**



### Myth



**Nursing profession is only meant for women**

### Fact



**This is an outdated viewpoint. Nowadays, there are increasing number of men choosing this profession.**



### Myth



**All nurses do the same work**

### Fact



**There are different roles played by the nurses and it is based on education and speciality.**



### Myth



**Nurses work as assistants of Doctors**

### Fact



**Nurses provide helping hands to Doctors. They do significant amount of work independently. They are available 24 hours for patient care.**

# College NEWS

## NEW YEAR DAY CELEBRATION

### "ZORION "2k22



SNA organized the New Year Day Celebrations- "ZORION "2k22 for the year 2022 on 1st January 2022 at Multi Purpose Hall.

## FRESHERS DAY CELEBRATION

### "HANAU HOU!"2k22



The fresher's day celebration "HANAU HOU!"2k22 was conducted by SNA unit on 8th April 2022

## WORLD OBESITY DAY CELEBRATION

### FOOD FEST - "BITES OF LOVE 2022



"HOT EAT, COLD TREAT 2022"

SNA unit of KIMS College of Nursing organized a fabulous food fest "HOT EAT, COLD TREAT 2022" as a fund rising venture on the eve of World OBESITY day.



## ANTI RAGGING CAMPAIGN



KIMS College of Nursing has organized an Anti Ragging Campaign on 26th February 2022. Adv. Pradeep. A, member District Legal Authority & member of Anti Ragging Committee has taken a detailed session on Anti Ragging measures and aids, ill effects of ragging quoting various incidents.

## RESEARCH DAY CELEBRATION



The Department of Research and Innovation, KIMS College of Nursing, organized a research-oriented program "Research Day Celebration-2022" with a focus to foster the research culture of the students & faculty members by exploring an extraordinary array of research events

## LAUDABLE MOMENTS- HONORING WHO REALLY DESERVES WOMENS DAY CELEBRATIONS



KIMS College of nursing has organized the international women's day celebrations on 8th march 2022 at the open courtyard and highlighted the theme "Gender Equality Today For a Sustainable Tomorrow". A surprise programme was organized by boys from SNA group and honored all the faculties and a mind blowing speech was delivered by Mr. Kirankumar, First Year BSc (N) student and highlighted a few eminent personalities in India and also from KIMS family. Dr. Susan Jose, Principal Honored the Female staffs from Dept: of housekeeping & female Administration staffs in appreciation of the dedication and diligence in recognition of the contributions and continued work in strengthening our workplace.

## FAREWELL CEREMONY- EROBERN 2K22



SNA organized farewell ceremony for the outgoing batches- 4th year BSc (N) , 2nd year PCBSc (N) on 5th April 2022 at Multi Purpose Hall . The programme was also furnished with refreshment. The most awaited event of the function was the Memory casket- Ormacheppu , a secret alley for senior students donated by 3rd year Bsc Nursing- 13th Batch.



## “ORMACHEPPU”



The most awaited project presented and dedicated for the outgoing students of 12th Batch BSc (N) was the Memmory casket- Ormacheppu , a secret alley for senior students donated by 3rd year Bsc Nursing- 13th Batch. The Memmory Casket - Ormacheppu was located at 2nd Floor of College campus was beautifully designed with their memories. This project is the best innovation implemented in our college. This venture is indeed turning out to be a memory casket forthcoming student generation of KIMS College of Nursing .

## WORLD ENVIRONMENT DAY 2022 “ONLY ONE EARTH”



KIMS College of Nursing celebrated world environment day in the college premises on 5th June 2022 by planting trees in the college surroundings. The program was inaugurated by Dr. Susan Jose, Principal KIMS College of Nursing by planting a mango seedling. We have planted 10 seedlings. The main purpose of planting the tress is to create awareness on preservation of our ecosystem.

## WORLD BICYCLE DAY- 2022

World bicycle day is observed on June 3rd. The day is marked to spread awareness about the benefits of using cycle a simple affordable, clean and environmentally fit.



## KERALA MARATHON 2022

KIMS College of Nursing and KIMSHEALTH were organized the "Kerala Marathon 2022" on 1st May 2022 at Manaveeyam veedhy at 5:30AM.



## Webinar on Quality Assurance in Nursing Practice



A webinar on Quality Assurance in Nursing Practice was organized by IQAC, KIMS College of Nursing on 18th January 2022 via Zoom platform. The webinar was conducted to sensitize the students and faculty of KIMS College of Nursing on quality tools.

## Leadership Training Programme for Faculty



As part of faculty development programme, one day personality development session was organized by KIMSHEALTH on 26/02/22 and 28/04/22 in the Osler hall. The programme commenced at 09:30 am. Mr. Nidhin Krishna, Personality Development Trainer and NLP practitioner lead the session. Staffs from various department were attended the session.

## LAMP LIGHTING CEREMONY - 16TH BATCH BSc (N)



The lamp lighting ceremony is an auspicious occasion in every nurse's life, held in reverence to Florence Nightingale, the lady with the lamp. KIMS College of nursing organized the lamp lighting ceremony of 16th batch BSc (N) on 24th June 2022 at Open Courtyard KIMSCON.



## International Day for Yoga - 2022



**COLLEGE UNION ELECTION 2K22**

**KIMS COLLEGE OF NURSING**

**Chairperson**  
Syino Merin Sajesh

**Vice Chairperson**  
Akhil A.P.

**Vice Chairperson (Woman)**  
Varsha Vijayakumar

**General Secretary**  
Jeeva Robert

**Joint Secretary**  
Rifana N V

**University Union Counselor (UG)**  
Priya Roy

**University Union Counselor (PG)**  
Reshma Surash

**Editor Of Magazine**  
Acsah P Philip

**Secretary Sports And Games**  
Kiran Kumar K

**Secretary Fine Arts**  
Jayalekshmi J.R

**Secretary of various college associations**  
Soumya R.C

**COLLEGE UNION ELECTION 2K22**

**KIMS COLLEGE OF NURSING**

**Student Representatives**

**Gautham Krishna**  
1st yr BSc Nursing

**Binet Thomas**  
2nd yr BSc Nursing

**Gariga Chandra RL**  
MSc Nursing

**Roshni Robert**  
4th yr BSc Nursing

**Reenu Job**  
3rd yr BSc Nursing

## COLLEGE UNION ELECTION & SNA ELECTION

College union election AND SNA election for the academic year 2022 was proposed to be conducted on 04/06/2022 but the candidates were designated unanimously by the students without election.

## College Tour



## Our Achievements



**Overall championship on Nurses day celebration 2022**



## EDITORIAL BOARD

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Principal Asst.Vice Dean  
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**Courses Offered: BSc(N) &MSc(N)**