

# THE APERTURE



Biannual newsletter of KIMS COLLEGE OF NURSING



**KIMS College of Nursing, Thiruvananthapuram is a pioneer institute in nursing, had its origin in 2006 with an aim of creating competent nurses. The college is recognized by INC, KNMC & is affiliated to the Kerala University of Health Sciences**

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## APERTURE FOR 2023

Written By The Editorial Board

The Aperture is not just a newsletter, but the collection of journey as a whole educational and cocurricular activities of student as well as our faculties of KIMS College of Nursing . Our aim is to enhance the content of aperture by improving its utility and accessibility among KIMSHEALTH & KIMSCON family.....

Last but not least, I would like to thank the Editorial board members for their everlasting support throughout the creation of this edition.





# OUR MENTORS



**Dr. M I Sahadulla**  
Group Chairman and Managing Director  
KIMSHEALTH



**Dr. Zuhara P M**  
Chief Coordinator  
Emergency Family Medicine  
& Pharmacy  
KIMSHEALTH



**Dr. Sheriff Sahadulla**  
Group CEO  
KIMSHEALTH



**Prof. Dr. G Vijayaraghavan**  
Vice Chairman  
Director Medical Services  
KIMSHEALTH



**Dr. Saffia P M**  
Vice Dean - Academics  
KIMSHEALTH

**Mr. E M Najeeb**  
Executive Director  
KIMSHEALTH



**Mr. E Iqbal** Director,  
Supporting Service  
KIMSHEALTH





## **A MESSAGE FROM THE PATRON**

Greetings....

Let me express my utmost sincere words of gratefulness to the Almighty GOD for making us as a team to strive the hardest part of the complex life in this planet earth.

I am indeed exhilarated in bringing forth the sixth edition of our news letter Aperture. We do strive hard to make the best possible efforts to inculcate strong values combining with academics as well as co-curricular activities in the students thereby transforming every individual a self-reliant and independent human with prosperity. I am confident enough that we will make ourselves stronger day by day, adding a new leaf to the grandeur of the college.

Here is a glimpse of latest news ,inspirational stories , information's and much more....

Warm regards,  
Dr. Susan Jose  
Principal/ KIMSCON

## **A MESSAGE FROM VICE PRINCIPAL**

Dear All.....



I do strongly believe that education is a blend of academic excellence and creativity and our primary motto is to inspire and empower our student and faculty to grow as a strong, reflective and humble individuals with discerning minds, prepared to make a mark in all spheres of life. Even though academic excellence is our major thrust, we are also devoted to mould the students for life, groom them to face the challenges of tomorrow and encourage them to be socially relevant.

My heartfelt appreciation to the team of faculty and students who brought this venture to the real canvas .

Prof. Jessy Thomas  
Vice Principal  
KIMSCON





# An impressive Journey of activities - KIMSCON

## WORLD BREAST FEEDING WEEK

As part of the World Breastfeeding Week 2022, students of KIMS College of Nursing has participated in the National Quiz Competition on occasion of international breast feeding week 2022 from 1 st August to 7 th August 2022, organized by Mahatma Gandhi Memorial school of nursing, Parel, Mumbai-12 in collaboration with Azalea, Mumbai, Maharashtra. The students named Miss.Vandana R (4 th yr BSc.N), Miss.Semi James (4 th yr BSc.N) and Miss.Anakha S Rjaeev (3 rd yr BSc.N) has received certificate of participation.



## INDEPENDENCE DAY CELEBRATION



KIMS College of nursing SNA unit has organized various activities on Independence Day 2022 at college such as patriotic dance and patriotic song. KIMS Health Independence Day Celebration was inaugurated by Dr.M.I Sahadulla Group CMD KIMSHEALTH, Dr. Susan Jose Principal KIMS College of Nursing by Hosting the Flag & Independence Day Speech. Students rendered Programm on Patriotism by Patriotic Songs and Patriotic Dance.





# KIMS FAMILY FEST “2K22”

KIMS Family Fest 2022 organized in association with the 20th-anniversary celebrations organized a denova celebration on 13th August 2022 at Girideepom Convention Centre, Nalanchira. The programme was officially inaugurated by Dr. M I Sahadulla, Chairman and Managing Director KIMS health care group were the chief guest for the occasion. An excellence awards were received by those who completed 10 years in each Department. Curtural Fiesta was Accentuate.





# WORLD HEART DAY

As part of the world Heart Day 2022, KIMSHEALTH along with KIMS College of Nursing organised Healthy Heart awareness programme at Chandrasekharan Nair Stadium on 29th September 2022. The Programme consisted of Roller Skating, Flash Mob, Role play, awareness programme and Big Heart formation.

The programme was inaugurated by Shri.Adv.G R Anil, Minister for Food and Civil Supplies in the presence of Dr. M I Sahadulla, Mr. E M Najeeb, Dr. Praveen SV, Dr.Shaji Palangadan, Dr.Joseph, Mr. Jerry Philip and Mr.Sharavanan.





# Anti Ragging poster competition

KIMS College of Nursing SNA Unit/SSGP Unit and Anti Ragging cell has organized an Anti Ragging poster competition on 30 th September and 7 th October at multipurpose hall. We have received 16 different varieties of Antiragging posters exclusively from second semester BSc Nursing students. Mr.Sreekandan Nair and Dr Susan Jose Principal along with a group of external panel were evaluated the Posters.



The winners awarded with cash prize and certificate.





# Annual sports day

The annual sports meet organized by SNA unit on 05/ 11/ 2022 Saturday at Government Muslim Girls HSS, Kaniyapuram. Various outdoor events were included and majority of the students participated and had made the day a memorable one. The 3<sup>rd</sup> Year B Sc Nursing students were the overall champions of the event.

SPORTS







# KUHS 'A' ZONE SPORTS COMPETITIONS

The KUHS A Zone sports meet was held During October and November 2022 . The events were Cricket, Badminton, KHO-KHO and ThrowBall. Our Students Participation was highly Appreciable.

## 1.CRICKET COMPETETION



## 2.BADMINTON COMPETETION



### 3. KHO KHO COMPETITION



### 4. THROW BALL COMPETITION





# DHWANI 2k22

Student Nurses Association of India, Kerala State Branch-south zone cultural and educational competition "Dhwani 2k22" was held on 16 and 17 December 2022 at Co-operative College of Nursing, Thiruvananthapuram. The fest was Inaugurated by Prof. GRACE W, Principal, Co-operative college of nursing. Our Students Participated in various events and won the overall championship.



The overall championship was won by KIMS CON with 106 points.

## Congratulations!

Ms. JAYALAKSHMI S R,  
KIMS COLLEGE OF NURSING  
were selected as 'KALATHILAKAM'





# GRADUATION CEREMONY 2k22



Graduation Ceremony of 12th Batch was held on 8th October 2022. Chief Guest was Prof. Valsa Panikar Formal Registrar KNMC.

Three Awards and cash Prizes were distributed to Academic Excellence, Clinical Excellence and Best Out Going.



*Congratulations*



# “CHRISFRESCO ”2k22



Once again the bells of joy and merry sounded in the college campus followed covid protocols. Students, teaching faculties and non- teaching staffs were invited to enjoy and celebrate the “CHRISFRESCO ”2k22 . Dr. Saffia P M, Vice Deam, KIMSHEALTH and Dr. Susan Jose, Principal KIMS CON, was the Guest of Honour and Chief Guest for the day. Dr. Saffia P M, Dr. Susan Jose, Prof.Jessy Thomas ,Vice Principal KIMS CON, Inaugurated the function by cutting the cake and followed by motivating words , New Year message and Xmas Carol.



Freshers Day was marked as a memorable day in the life of 17 th Batch BSc (N) students. The programme theme was **KINDERGARDEN** with black and red colour which was elegant and made event very impressive. The event was organized by 2 nd semester BSc (N) students along with SNA Unit.



# **KIMS COLLEGE OF NURSING**

**(Affiliated to Kerala University of Health Sciences)**

**Chempakamangalam Korani P O, Thonnakkal,**

**Trivandrum, Kerala- 695104**

**Ph: No: 0471-2429308**

**Email: [nursingcollege@kimskerala.com](mailto:nursingcollege@kimskerala.com)**

**Courses Offered: BSc(N) & MSc(N)**

