



# THE APERTURE

Biannual newsletter of KIMS COLLEGE OF NURSING



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**KIMS College of Nursing, Thiruvananthapuram is a pioneer institute in nursing, had its origin in 2006 with an aim of creating competent nurses. The college is recognized by INC, KNMC & is affiliated to the Kerala University of Health Sciences**

## APERTURE FOR 2023

Written By The Editorial Board

The Aperture is not just a newsletter, but the collection of journey as a whole educational and cocurricular activities of student as well as our faculties of KIMS College of Nursing . Our aim is to enhance the content of aperture by improving its utility and accessibility among KIMSHEALTH & KIMSCON family.....

Last but not least, I would like to thank the Editorial board members for their everlasting support throughout the creation of this edition.



# OUR MENTORS



Dr. Zuhara P M  
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Emergency Family Medicine & Pharmacy  
KIMSHEALTH



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Vice Chairman  
Director Medical Services  
KIMSHEALTH



Mr. E M Najeed  
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KIMSHEALTH



Dr. Sheriff Sahadulla  
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KIMS HEALTH



Dr. Saffia P M  
Vice Dean - Academics  
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Mr. E Iqbal Director,  
Supporting Service  
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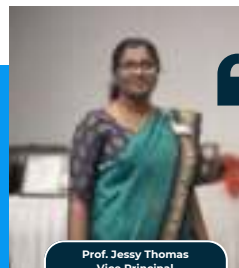
# MESSAGES FROM OUR LEADERS



Dr. Susan Jose  
Principal  
KIMSCON

“ It is a matter of great pride and satisfaction for KIMS CON to bring out the New edition of News Letter ‘The Aperture’

The College has made tremendous progress in all areas academic, non-academics, capacity building relevant to staff and students. My heartfelt Congratulations to all staff members and Students for their fruitful effort. With Best Wishes.



Prof. Jessy Thomas  
Vice Principal  
KIMSCON

“ "Always walk through life as if you have some thing New to Learn and you will"

-Veron Howard

Education is a shared commitment between dedicated teachers, Motivated students and enthusiastic parents with high expectations. My best wishes to all endeavor to bring out the new edition of news letter.

# An impressive Journey of activities - KIMSCON

**QAS**  
**Accreditation with**

**'A' GRADE**



## G20 HEALTH MEET



The G20 or Group of Twenty is an inter-governmental forum comprising 19 countries and the European Union (EU). It works to address major issues related to the global economy, such as international financial stability, climate change mitigation, and sustainable development.

G-20 First Health Working delegates visited KIMS Health to learn about its innovative healthcare practices and technology, including its commitment to Medical Value Travel and Wellness.



They were impressed by the hospital's use of advanced medical equipment, processes, and digitalization. The international delegates expressed their collective gratefulness to the astounding reception and the warm hospitality expressed by KIMSHEALTH and KIMS College of Nursing.

# STATE LEVEL SNA COMPETITION



## ARTS AND LITERARY COMPETITIONS

The 57 th Annual conference and SNA state level arts and literary competitions were held on 20.01.2023 & 21.01.2023 at Renewal centre Kaloor, Ernakulum. The inaugural session started at 9:30 am. Mr. Hybi Eedan MLA inaugurated the event. Mr Joseph Annamkutty Jose Artist, motivational speaker and author was the Chief guest of the occasion . The students from various colleges of Kerala state participated very actively and the competitions were maintained a remarkable standard. Our students have participated in various items and bagged the prizes.



# REPUBLIC DAY CELEBRATION

India as celebrated its 74th Republic Day on 26 January 2023. The theme of 74th Republic Day is 'Jan-Bhagidari (participation of people)'. KIMS College of nursing SNA unit has organized various activities on republic Day 2023. The program was inaugurated by Dr. M I Sahadulla Group CMD KIMSHEALTH.

Our students also participated in Flag Hoisting ceremony and has adored the function with patriotic song. Dr. Susan Jose Principal KIMS College of Nursing appreciated the students for their efforts in making the day a memorable one.



# FIRE MOCK DRILL

A Mock drill programme was organized by KIMS college of Nursing. The session was conducted on 30.01.2023 as premock drill sessions at KIMS college of Nursing, with the guidance of Mr.Anish G, Group Manager, KIMSHEALTH



Fire Mock drill was very effective and all the students faculties and non teaching staff's got the chance to participate and practice the event.



# CAREER GUIDANCE PROGRAM

**TRANS SOURCE SOLUTION**



Career guidance program was conducted for final year students by Trans source and Ajinora. they give an orientation regarding OET and IELTS Courses and also regarding the Abroad placement.

**AJINORA**



# CNE ON DECODING ECG

KIMS College of Nursing, Medical Surgical Nursing Department has organized a CNE on Decoding of ECG on 11 th February 2023. Dr. Susan jose Principal KIMS CON Presided the event. The resource person was Mr. Anees S, Assistant Professor , Government College of Nursing ,Trivandrum .



# VALENTINE'S DAY CELEBRATION



Valentine's Day, also called Saint Valentine's Day or the Feast of Saint Valentine is celebrated annually on February 14. It originated as a Christian feast day honoring a martyr named Valentine. Our SNA unit along with IV year BSc nursing students has organized a magnificent presentation on the significance of the day. Students depicted various symbols of love and narrated the various days as well as the story behind Valentine's Day.



# WOMENS DAY CELEBRATION

The NSS unit of KIMS College of nursing has organized the international women's day celebrations on 8 th march 2022 at the open courtyard and highlighted the global theme "digitALL: Innovation and technology for gender equality". A surprise women's Day programme was organized by boys Of KIMS CON. The official function started with a prayer song followed by welcome address, speech and highlighted a few eminent personalities in India and also from KIMS family. Various cultural events were organized by the students of KIMS College of nursing.



# COLLEGE DAY CELEBRATION

## “THARANG 2K23”

Our Annual day celebration “Tharang 2K23” was organized on 24 th February 2023 at Open Courtyard, KIMS college of Nursing. The event was based on the theme “Tharang- which depicted a rare but perfect blend of music, dance and various forms of arts. The display of nettippatta, venchamaram and muthukkuda was a feast to the eyes. The music of panchavadyam along with magnificent performance of students really brought the audience to a festive mood. Dr. M I Sahadulla, Group Chairman and Managing Director KIMS HEALTH was the cheif guest of the event and also he distributed the awards of excellence. The students were honored with awards for academic proficiency and state level SNA achievements and also released the college magazine “Campus Roots”. The day was made again more stunning with the performance of orchestra “ V-BHAG”.





# FAREWELL CEREMONY - 'AHAVAH 2K23'

SNA organized farewell ceremony for the outgoing batch - 4th year BSc N (13TH Batch) on 10th March 2023 at Open Courtyard. The ceremony was inaugurated by Dr. Susan Jose, Principal, KIMS College Of Nursing shared her grateful experience about the batch. Students gave colors to the programme by various cultural events and group tasks. The cultural programme was packed with awesome performance by the students. The most awaited event of the function was the Memory casket- Ormacheppu, a secret alley for outgoing batch were opened and they reminisced about their time in college.



## LAMP LIGHTING CEREMONY



KIMS College of nursing organized the lamp lighting ceremony of 17th batch BSc (N) on 20th March 2023 at Open Courtyard KIMSCON. The chief Guests for the event was Mrs. Usha Kumari P, President KNMC and Mrs. Beena Member KNMC. They give felicitation for student and also Dr. Safiya PM, Vice Dean Academy graced the occasion. The programme was so elegant which was decorated with the theme of blue and white, and the day was memorable to the beginners.





# WINGS 2023 WOMEN SAFETY EXPO

The safety and freedom of women is a matter of utmost importance to the society. Kerala Police is very strongly aware of this and is acting accordingly. Kerala Police has organized a 'Women's Safety Expo' at Thiruvananthapuram Women's College under the name 'Wings 2023' on March 23rd and 24th 2023 in collaboration with related departments as part of the Janmatri Suraksha Scheme. WINGS 2023 proved to be an eye-opener for raising awareness about Women Sasfety. All our female faculties and students participated in the event.

## YOUNG INNOVATORS PROGRAMME

Young Innovators Programme is a specially designed programme under Kerala Development and Innovation Strategic Council (K-DISC). The programme aims to empower future innovators to innovate new products, services or models to meet emerging requirements, unarticulated needs, or existing market needs of the society more effectively through an innovative challenge.



YIP - 6 TH RANK TO COLLEGE



YIP - 7 TH RANK TO FACILLITATOR



# INTERNATIONAL NURSES WEEK

International Nurses Day is observed on May 12 every year to celebrate the anniversary of Florence Nightingale's ( the English social reformer, statistician and founder of modern nursing) birth all over the globe. Each year, the International Council of Nurses (ICN) commemorates this momentous day to honor and appreciate the selfless service of nurses. The theme for the celebration of International Nurse Day 2023 is 'Our Nurses, Our Future.' This theme will drive a global campaign in order to address the global health challenges. In this regard, nurses' week celebration was organized by Kerala Nurses and Midwives Council and DGHS from May 5th to May 12th.



## International NURSES Day



Students Performance



Faculties Performance



### Congratulations!



Our faculties and students had highly participated in various items and they bagged many prizes. KIMSHEALTH faculties bagged ever rolling trophy and our students became the first runnerup at the Arts, Sports and educational fest. The prizes were distributed by the executive members of KNMC ON 12TH May 2023.



# WORLD TOBACCO DAY

World No Tobacco Day (WNTD) is observed around the world every year on 31 May. KIMS Health conducted a bullet rally with the Theme "BEAT THE FUMES". Around 50 bikers rallied through the streets to send the message of the harms caused by smoking and its complications upon human life. The occasion started at 6.30am at Kannakakunn Trivandrum. The event was started by a Flashmob by the Nursing Students of KIMS Health and followed in by the beginning of the bullet rally.



# WORLD ENVIRONMENT DAY



World Environment Day is celebrated annually on 5 June and encourages awareness and action for the protection of the environment. The NSS unit of KIMS College of nursing also joined hands in celebrating the world environmental day in the highlighting the theme 'Solutions for plastic Pollution'. Saplings of trees were planted in the college premises which was kindled by Prof. Jessy Thomas (Vice principal) and Mr. Syed Shiraz Mehmmod (Manager KISA).





# BLOOD DONATION CAMPAIGN



## WORLD BLOOD DONATION DAY

Marketing Department of KIMSHEALTH Celebrated the Blood Donation Day. SNA Unit of KIMS CON presented the theme by a flash mob on 14 June 2023 at KIMSHEALTH EAST block.





# INTERNATIONAL YOGA DAY



International yoga day is observed annually on June 21 st every year. The SSGP and SNA Unit of KIMS College of Nursing, Trivandrum has organized a ‘Yoga Awareness Campaign’ in the college premises on 21 st June 2023 as a part of the “International Yoga Day” celebrations. The programme started at 8.30 am with a prayer song. Started the session with an international yoga dance by NSS volunteers Nursing students followed with theme presentation and inspiring speech on the benefits and basic principles of yoga.



## QUIZ COMPETITION - MANN KI BAAT



Nehru YuvaKedra Sangathan organised by celebrating Mann Ki Baat 100 episodes quiz competition for students. The NSS unit of KIMS College of nursing Conducted the quiz commepetion at unit level on 23thJune 2023.The selected members went for Taluk level competition at Kendriya vidyalaya, Pattom, Thiruvananthapuram on 30/07/23. Based on their performance Mr Maheswer MB second semester BSc Nursing and Ms Soumya R CThirdyear BSc Nursing were secured second and third place respectively .

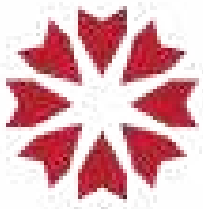


Mr. Maheswer  
and SEM BSc (N)  
QUIZ - SECOND PRIZE



Ms. Soumya R. C  
and YEAR BSc (N)  
QUIZ - THIRD PRIZE





# KIMS College of Nursing

Kerala University of Health Sciences approved Research centre



## **KIMS COLLEGE OF NURSING**

*Performance*

**(Affiliated to Kerala University of Health Sciences)**

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