



# THE APERTURE



**14 TH BATCH  
FAREWELL PARTY**

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**YASYA**



**KIMS College of Nursing, Thiruvananthapuram is a pioneer institute in nursing, had its origin in 2006 with an aim of creating competent nurses. The college is recognized by INC, KNMC & is affiliated to the Kerala University of Health Sciences**



**DR. M I SAHADULLA**  
CHAIRMAN AND MANAGING DIRECTOR  
KIMSHEALTH & KIMSHEALTH EDUCATION AND  
RESEARCH FOUNDATION

**“QUALITY IN EVERYTHING WE DO  
KIMSHEALTH Group has been  
instrumental in revolutionizing the art of  
health care delivery through its Quality  
focused systems and Practices.”**



**DR. ZUHARA P M**  
DIRECTOR KIMSHEALTH EDUCATION AND  
RESEARCH FOUNDATION



**DR. SAFFIA P M**  
DEAN ACADEMICS  
KIMSHEALTH

# MESSAGES FROM OUR LEADERS



**Dr. Susan Jose**  
Principal  
KIMSCON

Greetings,

My hearty congratulations to the editorial board and faculties for their enthusiastic tireless efforts in bringing out this newsletter.

I hope that with continued endeavour they will make further ventures to reshape and mould the field of nursing.

Dear All.....

My heartfelt appreciation to the team of faculty and students who brought this venture to the real canvas .

I appreciate my personal greetings to the 9th issue of KIMSCON newsletter "The Aperture"



**Prof. Jessy Thomas**  
Vice Principal  
KIMSCON

## APERTURE FOR 2024

Written By The Editorial Board

The Aperture is not just a newsletter, but the collection of journey as a whole educational and cocurricular activities of student as well as our faculties of KIMS College of Nursing . Our aim is to enhance the content of aperture by improving its utility and accessibility among KIMSHEALTH & KIMSCON family.....

Last but not least, I would like to thank the Editorial board members for their everlasting support throughout the creation of this edition.



# FACULTY TOUR - 2024

## Mundrothuruthu - Kollam, Varkala beach



### ANTIRAGGING AWARENESS SESSION



KIMS College of Nursing has organized an awareness programme on “Anti-Ragging Laws by Legal Authorities” on 4th January 2024 at open courtyard . The session started with a prayer by 1st semester B Se (N) students. Adv. Pradeep Panel Lawyer, District Legal Services Authority, taken a detailed session on Anti Ragging measures, Anti ragging aids, ill effects of ragging, quoting various incidents and a brief description about anti-ragging laws. He also stressed about the punishments on the same. Briefly explained the laws on narcotics and its usage. The program wined up at 4pm followed by National Anthem.



### REPUBLIC DAY CELEBRATION



**KIMS College of nursing SNA unit has supported various activities on republic Day 2024. The program was inaugurated by Dr. M I Sahadulla Group CMD KIMSHEALTH. Our Students also participated in Flag Hoisting ceremony and has adored the function with patriotic song.**



# LAMP LIGHTING CEREMONY



The lamp lighting ceremony is an auspicious occasion in every nurses life, held in reverence to Florence Nightingale, the lady with the lamp. The lamp lighting ceremony formally recognizes the students entry into the nursing profession. KIMS College of nursing organized the lamp lighting ceremony of 18th batch BSc (N) & 1st year GNM on 25th January 2024 at Open Courtyard KIMSCON. The event started with an unveiling of the 18h batch BSc (N) & 1st year GNM students.



# FAREWELL CEREMONY



## - 'REWIND 2024'



SNA organized farewell ceremony for the outgoing batches- 14th Batch BSc (N) , 12th Batch MSc (N) on 10th February 2024 at open courtyard. The event started with prayer by choir group of KIMS College of Nursing. REWIND unfolds the journey of four years- story of passion, tolerance, struggle, sacrifice, love and hope,





# YOUNG INNOVATORS PROGRAMME



VIP - 8 TH RANK TO FACILITATOR



VIP - 9 TH RANK TO COLLEGE

# KIMS CON ANNUAL SPORTS MEET

## KHEL 2K24 @ ATTINGAL STADIUM

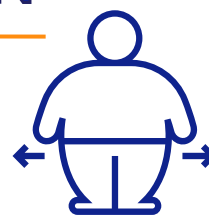


As part of promoting athleticism and teamwork, KIMS college of Nursing organized the Annual Sports meet KHEL 2024 on 02nd March 2024 - a day filled with fervor and excitement experienced amidst thrills, shrills and cheers. The III Semester BSc Students grabbed the overall Championship. Ms Anna Tharakan And Mr Pranav S Nath were declared as the individual champions. It was a day filled with sportsmanship, enthusiasm and memories to cherish. Prof Jessy Thomas, Vice Principal thanked all the teachers for their cooperation and support and advised students to keep up their sportsman spirit.



# OBESITY DAY CELEBRATION

As part of Obesity day celebration, 5th sem students of KIMS CON presented awareness session on "OBESITY"



# WOMENS DAY CELEBRATION



The SNA unit of KIMS College of nursing has organized the international women's day celebrations on 8th march 2024 at the open courtyard and highlighted the global theme Invest in Women: Accelerate Progress with an emphasis on combating economic disempowerment.

A surprise women's Day programme was organized by IV Bsc students of KIMS CON. A mind blowing dance performance was done by a team of beautiful girls which showing roles and significance of women in and around . Another attraction of the day was the Poster presentation competition announced by SNA . The winners of the competitions were announced by Prof Soni P S , HOD Community Health Nursing Department And prizes were distributed by Dr Susan Jose ,Principal. At the outset, Principal madam also delivered a short speech on Women Entrepreneurship which is necessary to initiate the process of economic development of both developed and developing countries as it is the back bone of economy of any country .





# VAZHIKATTI - MOTIVATIONAL PROGRAMME

SSGP unit of KIMS College of nursing organized a special counseling session, "VAZHIKATTI" - a motivational program, is carried out for B.Sc Nursing students & GNM students on Mental Health & Stress Management, Community Scholastic Counseling, and Reproductive Health Counseling. This session provides our students with additional support & guidance to help them navigate challenges & make informed decisions about their academic and personal lives.

The session commenced with an invocation by 5th-semester BSc Nursing students. Motivational and awareness sessions were given by Mrs. Umajyothi JS, Developmental Nurse Counselor. Special individual counseling was carried out for needy students.



# WORLD TB DAY CELEBRATIONS



The world TB Day was celebrated by the NSS unit of KIMS College of Nursing in Joining hands with the State TB Cell in Trivandrum district. The programme was organized as an awareness session and a flash mob .The programme was conducted in 5 different location across Trivandrum district. General Hospital, Eastfort, Trivandrum Bus terminal, Medical College Hospital and finally Museum premises at palayam. All the volunteers participated in this event with much of enthusiasm and zest.



# WORLD HEALTH DAY



On 5 March the SNA ,KIMS CON celebrate world health day by conducting Quiz competition. Ms. Arylekshmi, Mrs. Nisha were the quiz master. Ms. Bobina Mariyam and Ms.Anita Chako (5th sem) got 1st Prize, Mr. Balasankar and Mr. Maheswar M P (3rd Sem) got 2nd Prize & Ms. Soumya R C and Ms. Aparna Radh (4th years) got 3rd prize.



# FILM SHOW



ONLINE SHOW

# CINEMA

IT'S MOVIE TIME



# NURSES DAY CELEBRATION



## YASYA 2024



YASYA 2024 aims at the overall development of the students, and provide them ample opportunity to perform cultural and literary activities. SNA not only help the students to explore their hidden talents but also help in personality development. After invocation, Mr Maheswar M B, Program Chairperson welcomed the gathering. YASYA 2024 was officially inaugurated by our most beloved principal Dr Susan Jose.





# TEAM BUILDING AND EFFECTIVE COMMUNICATION



On 21.05.2024 an endowment talk and Training session was conducted in KIMS CON about “Team building & Effective communication by Mrs. Keerthi Rohithram ( Communication trainer & client relations relation expert evoke calicut). Staffs and students are actively participated in the session.



## BOOK EXHIBITION



## AV AID DISPLAY



## INTERNATIONAL OLYMPIC DAY



On 23.06.2024 , Fourth semester students were participated in the Kerala Olympic Association - International Olympic Day Run 2024 from manaveeyam vedhi to central stadium.



# A WARM WELCOME TO OUR FAMILY



MS. BELLA ALPHONSE



MRS. JYOTHI JAGADEESH



MR. VISHNU V M



MRS. MEENA V



MRS. POOJA V S



MRS. SOORYA M S



MRS. AYSWARYA J C



MRS. ANUPAMA A P



MRS. ASWATHY SUBASH



MS. NAJNA V S



MRS. ALMAS BANU B







# THE APERTURE



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