



THE APERTURE

BIANNUAL NEWSLETTER OF KIMS CON



SAKALA – 2K24

KIMS College of Nursing, Thiruvananthapuram is a pioneer institute in nursing, had its origin in 2006 with an aim of creating competent nurses. The college is recognized by INC, KNMC & is affiliated to the Kerala University of Health Sciences



APERTURE FOR 2024

Dear Students, Faculty, and Staff,

As we step into another exciting year at Aperture, we are thrilled to share this vol 2, issue 10 with you all. 2024 promises to be a year of creativity, innovation, and collaboration, and our editorial team is eager to showcase the diverse voices and talents within our campus community.

This edition highlights the many ways in which our college continues to evolve, from inspiring student achievements to thought-provoking discussions on the issues that matter most. Our contributors have poured their passion into every page, capturing moments that reflect the energy and spirit of our campus. Whether through written work, photography, or visual art, we are reminded of the power of expression and the role it plays in shaping our collective narrative.

We want to take a moment to thank our dedicated contributors, faculty advisors, and readers for their support. Aperture is more than just a publication—it's a platform for all of us to share ideas, challenge perspectives, and celebrate the diversity that makes our community unique.

We invite you to join us in this ongoing conversation. Your feedback, participation, and creative contributions are what make Aperture a vibrant and dynamic part of our campus. Together, let's make 2024 a year to remember!

Warmly,

The Editorial Board
Aperture 2024





DR. M I SAHADULLA
CHAIRMAN AND MANAGING DIRECTOR
KIMSHEALTH & KIMSHEALTH EDUCATION AND
RESEARCH FOUNDATION

“QUALITY IN EVERYTHING WE DO
KIMSHEALTH Group has been
instrumental in revolutionizing the art of
health care delivery through its Quality
focused systems and Practices.”



DR. ZUHARA P M
DIRECTOR KIMSHEALTH EDUCATION AND
RESEARCH FOUNDATION



DR. SAFFIA P M
DEAN ACADEMICS
KIMSHEALTH

MESSAGES FROM OUR LEADERS

Greetings,

Let me express my utmost sincere words of gratefulness to the Almighty GOD for making us as a team to strive the hardest part of the complex life in this planet earth.

It is with great pleasure that I extend my warm greetings to all of you through this edition of Aperture. As we continue to navigate through another vibrant year, I am inspired by the incredible talent, creativity, and passion that shines through each page of this publication.

Aperture has always been a powerful platform for our community to share ideas, stories, and experiences. It reflects the voices and perspectives that make our campus dynamic and unique. I encourage each of you to take pride in this publication, as it showcases not only the result of our students and faculty but also the spirit of collaboration that defines our college.

As we look ahead, let us continue to support and uplift each other in our academic and creative pursuits. I am confident that Aperture will remain a source of inspiration and reflection for all of us in the months to come.

Thank you for your continued commitment to excellence, and I look forward to all the great work yet to come.



Dr. Susan Jose
Principal
KIMSCON

Dear Students, Faculty, and Staff,

I am delighted to extend my warm greetings to all of you through this special edition of Aperture. As we continue to foster an environment of creativity, innovation, and academic excellence, it is truly inspiring to see the work featured in this newsletter.

Aperture has always been more than just a publication—it is a reflection of the diverse ideas, talents, and voices that make our community so vibrant. Each edition highlights the commitment and passion of our students, faculty, and staff, offering a window into the remarkable work happening within our college.

I encourage all of you to take a moment to engage with this edition, as it offers a glimpse of the creativity and thought leadership that thrive within our campus. It is a testament to what we can achieve when we come together, share our stories, and celebrate the unique contributions each of us makes.

Thank you for being an essential part of our journey. I look forward to all that we will continue to accomplish as we move forward, together.



Prof. Jessy Thomas
Vice Principal
KIMSCON

ZONAL ARTS & EDUCATIONAL COMPETITION “SAKALA - 2K24”



The SNA zonal level competitions for Arts and Literary competition SAKALA 2024 was held at CSI college of Nursing, Karakonam on 2nd, 3rd & 4th July 2024. Our students have participated in all items. The overall championship in south Zone SNA competition was bagged by KIMS College of Nursing with 197 points.



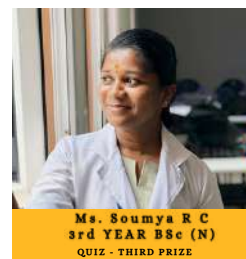
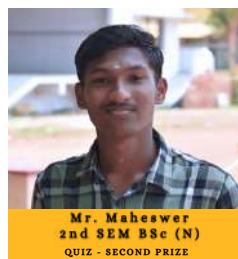
FACULTY GET-TOGETHER



Together
We Can!



MANN-KI-BATT QUIZ COMPETITION



WORLD ORGAN DONATION 2024



World organ donation day is an important annual event, witnessed every year on 13th august. The day is celebrated with theme "Set up for life". Our students (4th semester B. Sc nursing students and GNM Students) were participated



SOUTH ZONE SPORTS COMPETITION



The SNA zonal level Sports competition STAZA 2024 was held at CSI college of Nursing, Karakonam and G V Raja School, Aruvikkara on 16th, 21st & 22nd July 2024. Our students have participated in all items. The first runner up in south Zone SNA sports competition was bagged by KIMS College of Nursing with 40 points. Individual champion (girls) is won by Ms. Sara Reji from KIMS College of Nursing.





GRADUATION CEREMONY

FOOT PRINTS 2K24



Graduation day is a monumental occasion that marks the culmination of years of hard work and dedication for students. It is a day when they can bask in the pride of their achievements, surrounded by their loved ones and peers. A graduation ceremony is a celebration of their academic accomplishments and a testament to their grit and determination. It is an opportunity for students to reflect on their journey and the challenges they have overcome to get to this point. Graduates enter a new phase of their lives with a newfound sense of purpose and direction, equipped with the knowledge and skills they have gained during their academic journey. It is a day to recognize their contributions and the role they have played in the graduates success.



KIMS College of nursing SNA Unit/College Union /IQAC organized the graduation ceremony of 14th batch BSc (N) & 12th batch (M.Sc N) "FOOT PRINTS 2K24" on 30th August 2024 at Open Courtyard KIMSCON.

Dr Jaeny Karup, Vice President, TNAI & Dr. Safia P M, Vice Dean Academics KIMSHEALTH was the Chief Guest of this auspicious ceremony and passed conferment of degree to graduants.



INDEPENDENCE DAY CELEBRATION



Our country has celebrated 78th Independence Day on August 15, 2024. The theme for this year's celebration is "Viksit Bharat". This theme is in line with the government's focus on national unity and development. Independence Day is celebrated with pomp across the nation and Indians around the globe. It is a time to reflect on the country's journey since independence and to recommit to the values of freedom, democracy, and equality.

KIMS College of nursing SNA unit has organized various activities on Independence Day 2024. Students of KIMS College of Nursing done patriotic dance and patriotic song .The program was inaugurated by Dr. M ISahadulla Group CMD KIMSHEALTH and received the Guard of Honor. Independence day message was delivered by Dr G Vijayaraghavan, Vice Chairman,KIMSHEALTH.

TEACHERS DAY CELEBRATION



KIMS College of Nursing celebrated Teachers' Day on 5 th of September 2024 with great enthusiasm. The whole program was organized by the students. The teachers and students gathered in the open courtyard which was beautifully decorated with banners and balloons. A warm welcome was extended to all the teachers by Ms Neha A IV Sem. MS Nimmy Paulose, Class representative of VI Semester BSc N given the presidential address. Prof Jessy Thomas Vice Principal inaugurated the program and acknowledged the sincere efforts of teachers put in every day. She gave a valuable speech on Dr. S Radhakrishnan and explained the importance of Teachers' Day.



Few students expressed their gratitude towards the teachers by giving short speeches. The students arranged some fun games for the teachers to entertain them. The students presented a small token of love in the form of cards to all teachers. There was a lucky draw also for the teachers to find out the LUCKY TEACHER OF THE DAY.



“ETHAL 2024” ANTI-RAGGING & ANTI-NARCOTIC CAMPAIGN



KIMS College & School of Nursing has organized an Anti-Ragging & Antinarcotic Campaign in association with SNA on 06 th September 2024, 2.30pm at Open courtyard. The programme was inaugurated by Dr. Susan Jose, Principal cum Chairman, Mr. Rajeev S S, Sub Inspector of Police - Mangalapuram Police Station and Adv. Pradeep T- Member of District Legal Authority by unveiling the Signature campaign. A flashmobe was done by second semester BSc(N) students.

“GALLATTO 2K24” - ONAM CELEBRATION

“GALLATA” 2K24 the Onam celebration of the year 2024 was conducted on 12 th and 13 th of September 2024 at multipurpose hall and college campus. Once again the festival opulence and fulfillment has been observed by KIMS CON with more spectacle and vivacity. Students, faculties and non-teaching staffs were invited to enjoy and celebrate the day. The event started with prayer by 4 th semester BSc (N) students. Mr. Balasankar, 4 th semester BSc(N) has welcomed the gathering. During the inaugural session principal Dr. Susan Jose delivered onam wishes. The onam message given by the principal was motivating and cherishing. The programme reached its maximum peak by the surprising entry of Mahabali.





WORLD HEART DAY 2024



World Heart day is an important annual event, witnessed every year on 29th September. The day is celebrated by organizing various activities and awareness events globally to raise awareness about the heart disease and its preventive measures to manage the cardiovascular diseases.

The SNA unit of KIMS College of nursing has organized the heart day celebration s on 30th September 2024 at the open courtyard and highlighted the global theme “Use Heart for Action” This emphasizes the urgency of raising awareness on heart health and accelerating actions to prevent, detect early, and manage cardiovascular diseases (CVDs). The programme was organized by IV semester Bsc students of KIMS CON. The students has come up fruitfully with much of awe and content.



INDUCTION PROGRAM - “NOVIUM INTIUM”



The Induction programme “NOVUM INITIUM” for 19 th batch BSc Nursing course was conducted on 30 th October 2024 in KIMS College of Nursing. 99 students and their parents attended the function. Formal Inauguration was done by the Chief Guest Dr. Saffia PM, Vice Dean Academics KIMSHEALTH, Dr. Susan Jose, Principal, Mr. Vinod Kumar Deputy Commissioner of Excise, Central Reserve Police Force and Adv. Pradeep, Panel Lawyer, District Legal Service Authority. Adv. Pradeep has taken a detailed session on Anti Ragging measures, Anti ragging aids, ill effects of ragging, quoting various incidents and a brief description of anti-ragging laws to the students and parents.



HARITHA KERALAM MISSION



On 18th november 2024, Our institute were Declared as Green institution by Mangalapuram panchayat. The certificate issued and received by Dr. Susan Jose from Panchayat president and secretary.



“HALLUSIA” - FRESHER’S DAY CELEBRATION



The SNA and College union of KIMSCON organized HALLUCIA - the Freshers' day Program of 19 th batch BSc Nursing, 2 nd batch GNM and 14 th batch MSc nursing conducted on 16/11/2024 . Dr. Susan Jose, Principal CON officially inaugurated the function by revealing the title HALLUCIA and delivered the presidential address. An amazing curtain raiser program rented by 18 th batch students. New batch students were arranged in groups, six BSc nursing group, two GNM group and MSC student.





QUIZ COMPETITION - “FIESTA”



As part of world quality week, to promote quality education and foster academic excellence among nursing student, IQAC Holycross CON organized an Intercollegiate Quiz competition QUIZ FIESTA 2024. Event was inaugurated by Dr Sr Bertha Pereppadan, Principal. There were a total of 8 teams participated. The session comprised of 5 rounds with equal importance to Health and Nursing, Sports, General Knowledge and literature. Our two teams participated and won the first and third prize.

- I Prize: Mr Balasankar V R & Ms Bobina Mariam
- III Prize : Ms Soumya R C & Mr Maheswar M B

The students were awarded with trophies , certificates & cash prize.



KUHS A- ZONE THROWBALL COMPETITION

As part of KUHS A Zone sports meet , Throw ball competition was held at PMS Dental College Ground, Vattappara. Participants from 16 colleges of various sectors competed against each other. the event was guided by Dr Shehrsha and Convener A- Zone and Dr. Jassim A J, sub convener. The team was captained by MS. Mariya George (4 th year BSC). Our students played very well and qualified for finals. The second set of throw ball competition was held in the afternoon. Our team qualified for losers finals. Both the teams played very well and the depicted the true sportsman spirit. Our students bagged the position of second runner up.



RESEARCH DAY CELEBRATION

The Department of Research and Innovation, KIMS College of Nursing, organized a research-oriented program “Research Day-2024” with a focus to foster the research culture of the students & faculty members by exploring an extraordinary array of research events. The Session : was taken by Dr. Lija.R.Nath,Vice Principal, Gokulam College of Nursing Thiruvananthapuram



FAREWELL - TAKE OFF



SNA organized farewell ceremony for the outgoing batches- 15th Batch BSc (N) at open courtyard. The event started with prayer by choir group of KIMS College of Nursing. "Take off" unfolds the journey of four years- story of passion, tolerance, struggle, sacrifice, love and hope,



We will miss you

NATALE - CHRISTMAS PARTY CELEBRATION



Once again the bells of joy and merry sounded in the college campus followed covid protocols. Students, teaching faculties and non- teaching staffs were invited to enjoy and celebrate the "NATALE" on 23.12.2024.





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KIMS COLLEGE OF NURSING

(Affiliated to Kerala University of Health Sciences)

Chempakamangalam Korani P O, Thonnakkal,

Trivandrum, Kerala- 695104

Ph: No: 0471-2429308

Email: nursingcollege@kimskerala.com

Courses Offered: GNM, BSc(N) & MSc(N)