



APERTURE FOR 2025



Dear Readers,

It gives us immense pleasure to present Aperture July - December 2025, Volume 2, Issue 12. This issue reflects our continued commitment to learning, creativity, and thoughtful expression. Within these pages, we showcase diverse ideas, insights, and talents that highlight the vibrant academic culture of our college.

We extend our sincere appreciation to our Directors, Dean, Assistant Dean, faculty members, and students whose unwavering support and valuable contributions have strengthened Aperture as a meaningful platform for academic and creative pursuits. Your enthusiasm and dedication play a vital role in nurturing this publication.

We hope this edition inspires reflection, encourages dialogue, and captures the evolving spirit of our institution. May Aperture continue to serve as a space that celebrates innovation, expression, and scholastic excellence.

Wishing you a rewarding and engaging reading experience.

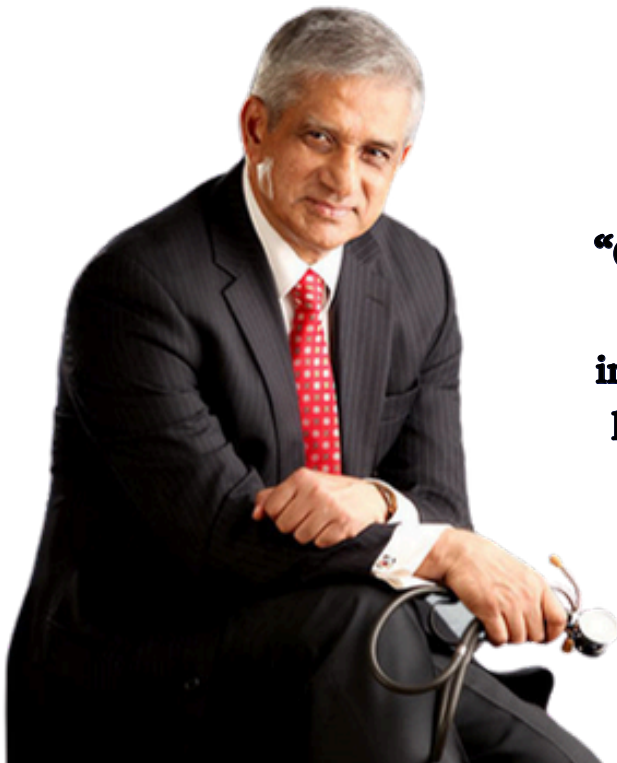
Warm regards,
The Editorial Board

KIMS College of Nursing, Thiruvananthapuram is a pioneer institute in nursing, had its origin in 2006 with an aim of creating competent nurses. The college is recognized by INC, KNMC & is affiliated to the Kerala University of Health Sciences



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DR. M I SAHADULLA
CHAIRMAN AND MANAGING DIRECTOR
KIMSHEALTH & KIMSHEALTH EDUCATION AND
RESEARCH FOUNDATION

**“QUALITY IN EVERYTHING WE DO
KIMSHEALTH Group has been
instrumental in revolutionizing the art of
health care delivery through its Quality
focused systems and Practices.”**



DR. ZUHARA P M
DIRECTOR KIMSHEALTH EDUCATION AND
RESEARCH FOUNDATION



DR. SAFFIA P M
DEAN ACADEMICS
KIMSHEALTH



Greetings,

Let me express my utmost sincere words of gratefulness to the Almighty GOD for making us as a team to strive the hardest part of the complex life in this planet earth.

It is with great pleasure that I extend my warm greetings to all of you through this edition of Aperture. As we continue to navigate through another vibrant year, I am inspired by the incredible talent, creativity, and passion that shines through each page of this publication.

Aperture has always been a powerful platform for our community to share ideas, stories, and experiences. It reflects the voices and perspectives that make our campus dynamic and unique. I encourage each of you to take pride in this publication, as it showcases not only the result of our students and faculty but also the spirit of collaboration that defines our college.

As we look ahead, let us continue to support and uplift each other in our academic and creative pursuits. I am confident that Aperture will remain a source of inspiration and reflection for all of us in the months to come.

Thank you for your continued commitment to excellence, and I look forward to all the great work yet to come.



Dr. Susan Jose
Principal
KIMSCON



Prof. Jessy Thomas
Vice Principal
KIMSCON

Dear Students, Faculty, and Staff,

I am delighted to extend my warm greetings to all of you through this special edition of Aperture. As we continue to foster an environment of creativity, innovation, and academic excellence, it is truly inspiring to see the work featured in this newsletter.

Aperture has always been more than just a publication—it is a reflection of the diverse ideas, talents, and voices that make our community so vibrant. Each edition highlights the commitment and passion of our students, faculty, and staff, offering a window into the remarkable work happening within our college.

I encourage all of you to take a moment to engage with this edition, as it offers a glimpse of the creativity and thought leadership that thrive within our campus. It is a testament to what we can achieve when we come together, share our stories, and celebrate the unique contributions each of us makes.

Thank you for being an essential part of our journey. I look forward to all that we will continue to accomplish as we move forward, together.

COLLEGE DAY CELEBRATION "THARANG 2K25"

The Annual Day celebration "Tharang 2K25" was held on 25th July 2025 at the grand venue of RASHAJ ROYALE Convention Centre, Chempakamangalam. The event beautifully showcased a vibrant blend of music, dance, and various art forms, living up to its name Tharang - a wave of culture and creativity. The occasion was graced by Dr. M. I. Sahadulla, Group Chairman and Managing Director of KIMSHEALTH, who served as the esteemed Chief Guest. A significant highlight of the evening was the release of the college magazine cover, "Campus Roots", by the Chief Guest. In recognition of their dedicated service, faculty and non-teaching staff were honored with Decennium and Quindecennium Awards. Additionally, students were recognized for their academic excellence and outstanding SNA (Student Nurses Association) achievements. The evening continued with a spectacular array of cultural programs, where students delivered electrifying performances that mesmerized the audience. The celebration reached its crescendo with the live performance of the orchestra ;'THARANGAM", which truly elevated the energy and spirit of the night.



FACULTY & STAFF OUTING



A Faculty and Staff Outing was organized on 09/08/2025, which included a pleasant lunch at Mourya Rajadhani after that watch a movie 'Sumathi Valavu'. The outing provided an opportunity for relaxation, interaction, and strengthening of bonding among faculty and staff. The program was enjoyable and refreshing for all participants.

INTERNATIONAL YOUTH DAY COMPETITION

On the occasion of International Youth Day, a Quiz Competition was held on 14/08/2025 at Gokulam College of Nursing. Students from various nursing colleges participated with great enthusiasm.

🏆 First Prize was won by the KIMS College of Nursing team, comprising Balasankar and Maheswar, for their outstanding performance.

The program was informative, competitive, and successful in promoting knowledge and teamwork among students.



ANTI RAGGING WEEK CELEBRATION



KIMS College & School of Nursing organized a Workshop on Anti-Ragging and Anti-Narcotic Campaign under the banner "THANAL 2025" on 30th August 2025 at 12.30 pm in the open courtyard. After that a Poster competition was conducted and honoured prize winner 1st, 2nd and 3rd.

ONAM CELEBRATION



"THIMIRTHONAM" the Onam celebration of the year 2025 was conducted on 2ND September 2025 at open courtyard. Once again the festival opulence and fulfillment has been observed by KIMS CON with more spectacle and vivacity. Students, faculties and non-teaching staffs were invited to enjoy and celebrate the day. The inaugural session principal Dr. Susan Jose delivered onam wishes. The onam message given by the principal was motivating and cherishing. The programme reached its maximum peak by the surprising entry of Mahabali.



NUTRITION FEST - "KHANA"



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Nutrition Fest - "KHANA" was held on 19/09/2025 for the 19th batch BSc Nursing and 2nd batch GNM students. The event highlighted the importance of balanced nutrition through active student participation and creative presentations, making it both educational and engaging.



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SNA STATE FEST - DHANAK 2025

Dhanak 2025 was conducted with great enthusiasm, showcasing students' creativity and academic excellence through various competitions. The notable achievements included

- First Prize in Mapilapattu by Athira S
- Second Prize in Hindi Essay by Adithya AS,
- Third Prize in Skit.

The Poster Competition results were as follows:

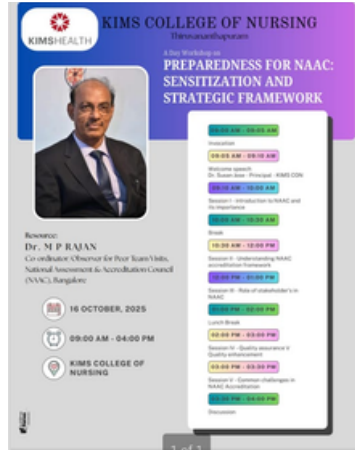
- Community Poster : First Prize – Avanthika, Suresh & Anju Maxwell
- Anatomy Poster : Second Prize – Ashley, Vinu & Veni TS
- First Aid Poster: Second Prize – Thennal Rajesh & Navya Prasannan
- History Poster : Third Prize – Nazila & Dheeraja
- Medical Surgical Nursing Poster : First Prize – Farzana & Aiswarya
- OBG Poster : Second Prize – Alba & Amina
- Paediatric Nursing Poster : Second Prize

The event was a vibrant celebration of talent, teamwork, and cultural spirit.



WORKSHOP - Preparedness for NAAC: Sensitization and Strategic Framework

A one-day workshop on “Preparedness for NAAC: Sensitization and Strategic Framework” was organized on 25/10/2025 by IQAC, KIMS College of Nursing at Smart class room. The primary objective of the workshop was to sensitize faculty members and administrative staff about the NAAC (National Assessment and Accreditation Council) process and to develop a strategic framework for institutional preparedness towards accreditation. The workshop commenced with a formal inaugural session.



Dr. Susan Jose, Principal, KIMS College of Nursing, has welcomed the Dr. MP Rajan, Coordinator/Observer for Peer Team Visits, NAAC, Bangalore emphasizing the importance of quality assurance in higher education.

KUHS ARTS FEST



A proud moment for our institution as our students participated in the KUHS A Zone Kalolsavam (Arts Fest) held at Esoutiza, Thiruvananthapuram, from 28/09/2025 to 30/09/2025. In the Skit competition, our team secured the Third Prize, bringing laurels to the college. The achievement reflects the students' talent, teamwork, and dedication.

INDUCTION PROGRAM

The “ Induction Programme 2025” for 3rd batch General Nursing and midwifery was conducted on 24th October 2025 at Multipurpose hall, KIMS School of Nursing, Thonnakkal, 40 students and their parents attended the function.



The “ Induction Programme 2025” for 20th batch B.sc Nursing 15th batch M.Sc Nursing was conducted on 3rd November 2025 at Multipurpose hall, KIMS college of Nursing, Thonnakkal, All students and parents were attended the function.



PERSONALITY DEVELOPMENT LEADERSHIP TRAINING SESSION

As part of the induction programme, KIMS School of Nursing organized a Personality Development and Leadership Training Session on 14 November 2025 at the multipurpose hall. Mr. Nidhin Krishna, Personality Development Trainer and NLP Practitioner, who led the session.



ANTIMICROBIAL RESISTANT AWARENESS WEEK



An Antimicrobial Resistance (AMR) Awareness Rally was conducted on 18/11/2025 by the 5th semester students as part of community health awareness activities.

The program was successful in spreading awareness on antimicrobial resistance and demonstrated the students' commitment to public health education and community service.

WORLD AIDS DAY CELEBRATION



World AIDS Day is observed every year on 1st December to raise awareness about HIV/AIDS, show support for people living with HIV, and remember those who have lost their lives due to AIDS-related illnesses. In connection with World AIDS Day 2025, the students of KIMS College of Nursing organized an awareness program at Family Health Centre, Thonnackal, focusing on education, prevention, and stigma reduction related to HIV/AIDS.

FRESHERS DAY CELEBRATION - GALA NOVA



The SNA and College union of KIMSCON organized Gala Nova – the Freshers' day Program of 20th batch BSc Nursing, 3rd batch GNM and 15th batch MSc nursing conducted on 02/12/2024. Dr. Susan Jose, Principal CON officially inaugurated the function by revealing the title Gala Nova and delivered the presidential address. An amazing curtain raiser program rented by 19th batch students. New batch students were arranged in groups, six BSc nursing group, two GNM group and MSC student.



STUDENTS MOTIVATIONAL PROGRAM



The Student Support and Guidance Programme offered by the Kerala University of Health Sciences (KUHS) is a comprehensive initiative aimed at promoting the holistic development and overall well-being of students. The programme encompasses a wide range of services and resources designed to support students throughout their academic journey and to equip them for personal and professional growth beyond their years of study. The Student Support and Guidance Programme (SSGP) unit of KIMS College of Nursing organized a special counselling session titled “VAZHİKATTI”, a motivational programme conducted for the 1 st semester BSc Nursing (20th Batch) and 1 st year GNM (3 rd Batch) students.

RESEARCH DAY CELEBRATION

The Department of Research and Innovation, KIMS College of Nursing, organized a research-oriented programme titled “Research Day Celebration-2025” with the objective of fostering a strong research culture among students and faculty members through an extraordinary array of research-focused events. This year, Research Day was celebrated over two days. Classes on Mixed method designs were taken by Dr. Ravi Prasad Varma , Professor, Achutha Menon Center for Health Science Studies, Sree Chitra Tirunal Institute for Medical Sciences and Technology Trivandrum and Ms. Prinu Jose, BSc (Nursing), MPH, PhD Scholar, Achutha Menon Centre for Health Science Studies, SCTIMST.

The sessions were interactive, interesting, and informative in nature, with each session concluding with an open forum for discussion. Prof. Jessy Thomas, Vice-Principal, KIMS College of Nursing, announced the winners of the scientific paper presentation competition. Dr. Susan Jose, Principal, KIMS College of Nursing, distributed cash prizes along with certificates to the winners and presented certificates to the resource persons as a token of appreciation.



CHRISTMAS DAY CELEBRATION

Once again the bells of joy and merry sounded in the college campus followed covid protocols. Students, teaching faculties and non-teaching staffs were invited to enjoy and celebrate the “CELESTE” on 23.12.2025.





ACHEIVEMENTS



KUHS - 3RD RANK (B.Sc Nursing)



Congratulations to all!

NATIONAL WINNERS



INTER COLLEGIATE QUIZ COMPETITION



BEST SOUTH ZONE - SNA



RESEARCH



Prof. Jessy Thomas
International Outstanding Researcher Award



STATE LEVEL KALARIPAYETTU



Ms. Aiswarya A P
Gold Medalist



KIMS College of Nursing

Kerala University of Health Sciences approved Research centre



KIMS COLLEGE OF NURSING

(Affiliated to Kerala University of Health Sciences)

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