

THE APERTURE



Biannual newsletter of KIMS COLLEGE OF NURSING



HONORARY DOCTORATE



KIMS COLLEGE OF NURSING

KIMS College of Nursing, Thiruvananthapuram is a pioneer institute in nursing, had its origin in 2006 with an aim of creating competent nurses. The college is recognized by INC, KNMC & is affiliated to the Kerala University of Health Sciences

KIRF AWARD



KIMS College of Nursing proudly secured the 10th Rank among Nursing Colleges in Kerala in the Kerala Institutional Ranking Framework (KIRF) 2025. This prestigious recognition reflects the institution's commitment to excellence in nursing education, research, and quality healthcare training. The achievement stands as a testament to the dedicated efforts of the management, faculty, students, and staff.

APPERTURE 2026

Dear Readers,

It is with great pleasure that we present Aperture 2026, Volume 1, Issue 13. This edition celebrates the creativity, knowledge, and diverse voices that enrich our college community.

We sincerely thank our Directors, Dean, Assistant Dean, faculty, and students for their continued support in making Aperture a platform for learning, innovation, and expression.

We hope this issue inspires curiosity, meaningful discussions, and reflects the vibrant spirit of our institution.

Happy reading!

Warm regards,
The Editorial Board



VISIONARY

DR. M I SAHADULLA
CHAIRMAN AND MANAGING DIRECTOR
KIMSHEALTH & KIMSHEALTH EDUCATION AND
RESEARCH FOUNDATION

OUR MENTORS



DR. ZUHARA P M
DIRECTOR KIMSHEALTH & DIRECTOR KERF



DR. SAFFIA P M
DIRECTOR KERF & DEAN ACADEMICS
KIMSHEALTH



Dear Readers,

It gives me immense pleasure to present Aperture 2026 (January–June 2026), Volume 1, Issue 13, the official newsletter of KIMS College of Nursing. This publication stands as a testament to the dedication, creativity, and academic excellence of our students and faculty.

Aperture reflects the vibrant academic environment of our institution by showcasing achievements, innovative ideas, research activities, community outreach programs, and memorable events. Every page highlights the commitment of our college community towards excellence in nursing education, compassionate healthcare, and lifelong learning.

I sincerely appreciate the Editorial Committee for their hard work in bringing together this wonderful edition. My heartfelt congratulations to all contributors whose valuable efforts have enriched this publication. I also extend my gratitude to our faculty members, students, and management for their continuous support and encouragement.

May this newsletter continue to inspire curiosity, creativity, and professional growth among our readers. I wish Aperture continued success in the years ahead.

Best Wishes!



Warm greetings to everyone!

I am delighted to extend my best wishes on the release of Aperture 2026 (January–June 2026), Volume 1, Issue 13. This newsletter beautifully captures the academic, professional, and extracurricular accomplishments of KIMS College of Nursing and serves as a platform for sharing knowledge, innovation, and inspiration.

The dedication of our students and faculty in contributing articles, reports, creative works, and achievements reflects the culture of excellence and teamwork that defines our institution. Such initiatives encourage critical thinking, effective communication, and continuous learning—qualities that are essential for future nursing professionals.

I congratulate the Editorial Board for their commendable efforts in publishing this issue and thank every contributor for making it meaningful and informative. May Aperture continue to motivate our students to strive for excellence and uphold the noble values of the nursing profession.

I wish all our readers an enjoyable and enriching reading experience.

With Best Wishes,

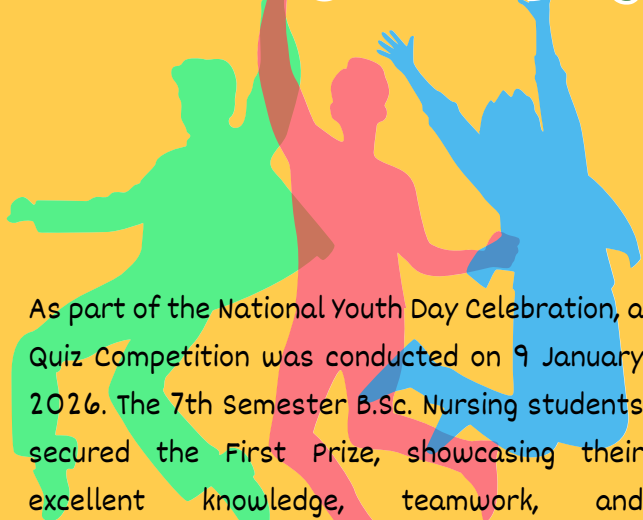


NEW YEAR CELEBRATION



KIMS College of Nursing welcomed the New Year with a joyful celebration in the Open Courtyard. The event began with a prayer session led by Dr. Susan Jose, Principal, KIMS College of Nursing, and Prof. Joshy A. N., invoking God's blessings for a peaceful, prosperous, and successful year ahead. The celebration fostered unity, hope, and togetherness among the faculty and students.

National Youth Day



As part of the National Youth Day Celebration, a Quiz Competition was conducted on 9 January 2026. The 7th Semester B.Sc. Nursing students secured the First Prize, showcasing their excellent knowledge, teamwork, and competitive spirit. Congratulations to the winners on their remarkable achievement!

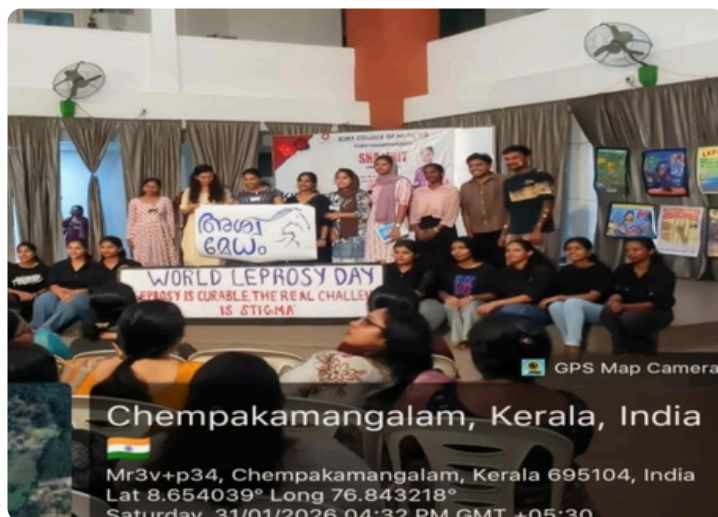
REPUBLIC DAY



The SNA Unit of KIMS College of Nursing celebrated the 77th Republic Day on 26 January 2026 with patriotic fervour. The programme was inaugurated by Dr. M. I. Sahadulla, Group CMD, KIMSHEALTH. Students participated in the flag hoisting ceremony and presented patriotic songs. Dr. Susan Jose, Principal, appreciated the students for their enthusiastic participation. The celebration concluded with the National Anthem.

WORLD LEPROSY DAY

The NSS Unit of KIMS College of Nursing observed World Leprosy Day on 31 January 2026 with an awareness programme on the theme, "Leprosy is Curable, the Real Challenge is Stigma." The event included a poster competition, flash mob, and role play to promote awareness, early treatment, and social inclusion.





LAMP LIGHTING CEREMONY



The Lamp Lighting Ceremony for the 20th Batch of B.Sc. Nursing and 3rd Batch of GNM students was held on 22 January 2026 at the Open Courtyard of KIMS College of Nursing. The ceremony was graced by Dr. Saffiya, Director, KERF & Dean Academics, KIMSHEALTH, as the Chief Guest. Dr. Susan Jose, Principal, addressed the gathering, inspiring the students to uphold the values of compassion, dedication, and professionalism in nursing.



Mental Health Promotion Programme

The NSS Unit of KIMS College of Nursing organized a Mental Health Promotion Programme at District Model Hospital, Peroorkada, on 27 January 2026. Through health education and role plays, the programme created awareness about mental health, stress management, and reducing stigma associated with mental illness. The initiative encouraged participants to seek help, practice self-care, and promote positive mental well-being.



Visit to Juvenile Home

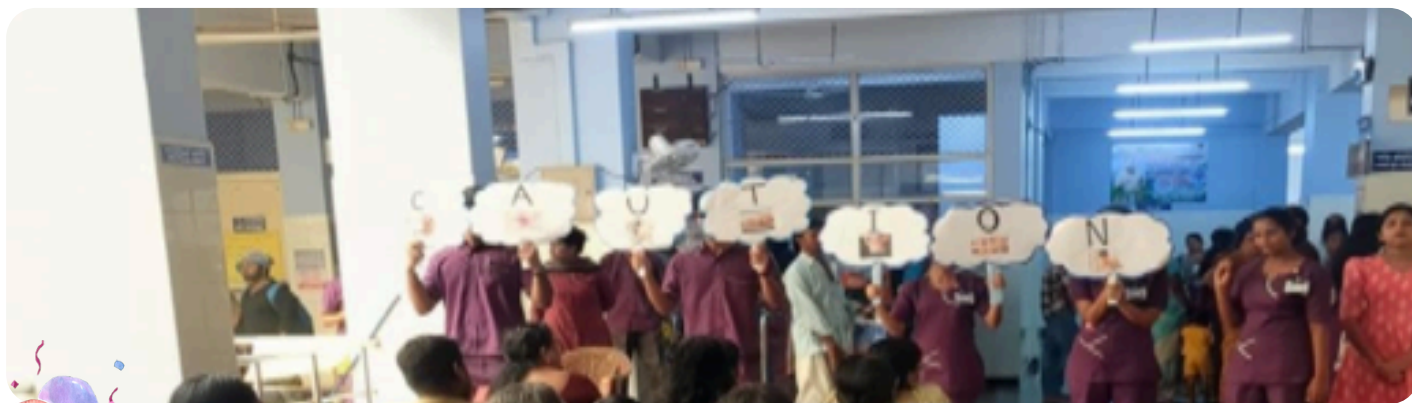
The NSS Unit of KIMS College of Nursing organized an educational visit to the Juvenile Home, Poojapura, on 2 February 2026. Volunteers interacted with the residents, distributed notebooks and pencils, and gained valuable insights into the functioning of the institution and the importance of mental health support for children in institutional care.





Cancer Awareness Programme

The NSS Unit of KIMS College of Nursing organized a Cancer Awareness Programme at District Model Hospital, Peroorkada, on 5 February 2026 in observance of World Cancer Day. Centered on the theme "United by Unique," the programme promoted awareness on cancer prevention, early detection, and treatment through health education, posters, and role plays, encouraging timely diagnosis and reducing cancer-related stigma.



FAREWELL PARTY – "MIC DROP" THE EPIC EXIT



The 17th Batch B.Sc. Nursing students, in association with the SNA, organized "Mic Drop: The Epic Exit", a memorable farewell party for the 16th Batch B.Sc. Nursing on 7 February 2026. The celebration featured cultural performances, fun-filled activities, and an exciting foam party, creating cherished memories for the outgoing students.





SPARK 2K26



SPARK 2026, the SNA South Zone Leadership Programme, was hosted by KIMS College of Nursing on 20 February 2026. The programme brought together student nurse leaders from the South Zone to enhance their leadership, communication, and teamwork skills through interactive sessions and collaborative activities.

RITUA 2K26

The SNA Cultural and Literary Competitions were held at KIMS College of Nursing on 6 March 2026 and 11 March 2026. Students actively participated in various cultural and literary events, showcasing their talents, creativity, and team spirit.

FASHION SHOW COMPETITION

Students of KIMS College of Nursing secured the Second Prize in the Fashion Show Competition held at Marine College on 6 March 2026. Their creativity, confidence, and outstanding performance brought laurels to the institution.





ATHLOS 2K26

Students of KIMS College & School of Nursing actively participated in the SNA South Zone Sports Competition – ATHLOS 2K26, held on 23, 27, and 28 March 2026 at CSI College of Nursing, Karakonam. Demonstrating exceptional talent and sportsmanship, KIMS College of Nursing secured the 1st Runner-Up position and won several prizes in athletics, games, and the March Past event.



WOMENS DAY CELEBRATION

International Women's Day was celebrated on 9 March 2026 at the Open Courtyard of KIMS College of Nursing. The programme honored the achievements, strength, and contributions of women while promoting gender equality, empowerment, and inspiration among students and faculty.

FACULTY TOUR



GRADUATION CEREMONY



The Graduation Ceremony for the 16th Batch of B.Sc. Nursing and 13th Batch of M.Sc. Nursing was held on 5 May 2026 at Rashaj Convention Centre. The ceremony celebrated the graduates' academic achievements and marked the beginning of their professional journey in nursing, inspiring them to serve society with compassion, excellence, and dedication.

INTERNATIONAL NURSES DAY



International Nurses Day was celebrated on 12 May 2026 at the Open Courtyard of KIMS College of Nursing. The programme honored the dedication, compassion, and invaluable contributions of nurses to healthcare, inspiring students to uphold the noble values of the nursing profession.





WORLD ENVIRONMENT DAY CELEBRATION 2026



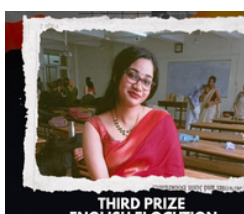
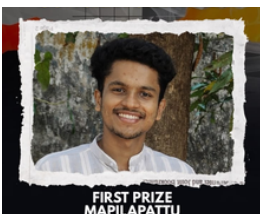
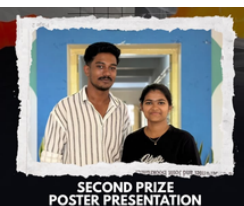
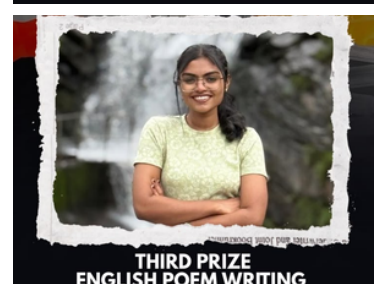
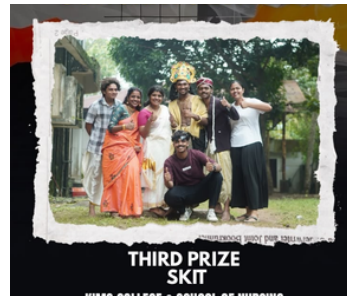
World Environment Day was celebrated at KIMS College of Nursing on 5 June 2026 with great enthusiasm, reaffirming the institution's commitment to environmental conservation. The programme included a theme presentation, a tree plantation drive, inspiring messages from Dr. Susan Jose, Principal, faculty members, and the NSS Programme Officer, highlighting the importance of sustainable living. A vibrant flash mob by the seventh-semester students added colour to the event, spreading awareness about environmental protection and encouraging everyone to adopt eco-friendly practices for a greener future.





DHWANIKA 2K26 | South Zone Arts & Educational Festival

KIMS College of Nursing proudly secured the Overall Educational Championship with 81 points at DHWANIKA 2K26, the South Zone Arts & Educational Festival, held on 1 July 2026 at Upasana College of Nursing. This outstanding achievement reflects the talent, dedication, and team spirit of our students. Congratulations to all participants, faculty members, and supporters for this remarkable success.





KIMS College of Nursing

Kerala University of Health Sciences approved Research centre



KIMS COLLEGE OF NURSING

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